

## Gadolinium deposition in the brain not dose dependent

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Arrows indicate areas of increased signal intensity (R) compared to normal control (L). Credit: Department of Radiology, Children's Hospital Los Angeles

Investigators at Children's Hospital Los Angeles have determined that in children receiving gadolinium as a contrast agent to enhance MRI examinations, signal changes attributed solely to deposition of this material in the brain are not dependent on the amount of gadolinium administered but rather these changes are seen in association with other



factors such as the presence of brain tumors and treatment using brain irradiation. Results of the study were just published in the journal, *Radiology*.

Gadolinium is used as a contrast agent to enhance the visibility of specific anatomic structures as well as to identify certain pathological conditions. MRI images are often described in terms of "signal intensity", or the brightness of specific structures—conveying information about the content of the tissue. In neuroradiology, MRIs are useful for identifying and monitoring <u>brain tumors</u>.

In 2014, a sentinel paper was published that reported gadolinium deposition in the brains of <u>patients</u> experiencing repeat, enhanced MRI. Most of these patients required imaging due to <u>brain</u> tumors. As a result of this and subsequent studies, gadolinium deposition was considered dose dependent—meaning the more contrast material a patient was exposed to—the greater deposition in the brain.

"In my practice, I was not seeing this phenomenon—MRI signal changes previously identified were not happening equally to patients receiving the same amount of gadolinium," said Benita Tamrazi, MD, a neuroradiologist at Children's Hospital Los Angeles and first author on the recently published study. "I saw increased MRI signal changes in the patients receiving radiation for brain tumors, independent of the dose of gadolinium."

This observation led Tamrazi to undertake her own study of patients treated at CHLA between 2000 through 2015, who received gadolinium at least 4 times. The 145 evaluable patients were separated into groups—patients with primary brain tumors (structural changes) and patients with neuroblastoma without disease in the brain (no structural changes). The primary brain <u>tumor</u> group was further divided into the following treatment groups:



- Radiation +/- chemotherapy
- Chemotherapy alone
- No therapy

Tamrazi found that MR signal intensity changes presumed to be entirely secondary to gadolinium deposition in the brain were much more significant in patients who had primary brain tumors treated with radiation, independent of the dose of gadolinium they received. She suggests more research is needed to determine if brain tumor treatment with radiation enhances gadolinium deposition independent of the dose administered.

"There are a lot of unknowns regarding <u>gadolinium</u> deposition in the brain," said Tamrazi. "Understanding that the process is not dose dependent and that other factors are at play, such as structural changes of the brain with tumors and radiation, will hopefully help us learn more about the underlying mechanism of deposition and ultimately identify any possible clinical implications of deposition."

**More information:** Benita Tamrazi et al, Changes in Signal Intensity of the Dentate Nucleus and Globus Pallidus in Pediatric Patients: Impact of Brain Irradiation and Presence of Primary Brain Tumors Independent of Linear Gadolinium-based Contrast Agent Administration, *Radiology* (2017). DOI: 10.1148/radiol.2017171850

## Provided by Children's Hospital Los Angeles

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