

Licking cancer: US postal stamp helped fund key breast study

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In this Jan. 28, 2003, file photo, Rep. Stephanie Stuckey Benfield, D-Decatur, promotes the breast cancer prevention stamp from the well on the floor of the House in Atlanta. Countless breast cancer patients in the future will be spared millions of dollars of chemotherapy thanks in part to something that millions of Americans did that cost them just pennies: bought a postage stamp. Proceeds from the U.S. Postal Service's breast cancer stamp enabled a landmark study that showed which women need chemo and which do not. (AP Photo/Ric Feld, File)



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Proceeds from the U.S. Postal Service's breast <u>cancer</u> stamp put researchers over the top when they were trying to get enough money to do the landmark study published on Sunday that showed genetic testing can reveal which women with <u>early-stage breast cancer</u> need chemo and which do not.

"Finding the money to do this was very, very difficult. They really had to pass the hat around," said Dr. Otis Brawley, chief medical officer of the American Cancer Society, who had no role in the study but is familiar with its funding history. Without the stamp money, the study may never have been done, he said.

The National Cancer Institute sponsored the study, along with several foundations. A key part—the initial \$4.5 million of the cancer institute's \$36 million contribution—came from the stamp, said Dina Singer, who is involved in the institute's use of stamp proceeds. The money was used to pay for the gene test, which costs more than \$4,000 per person.

The stamp was the nation's first "semipostal"—a U.S. Postal Service stamp sold at a surcharge to raise money for a cause—when Congress passed a measure enabling it and then-President Bill Clinton signed it into law in 1997. It was first issued in 1998 and has been reissued multiple times since, and has raised more than \$86 million for breast cancer research.

It shows a woman with an arm raised, in a position meant to portray breast self-examination. When first issued, it cost 40 cents instead of the usual 34. The extra 6 cents went for research—70 percent to the Cancer Institute and 30 percent to the Department of Defense.



Over the years, the Cancer Institute has used its \$59.8 million in proceeds for studies trying to improve early detection and to determine which cancers are most dangerous and need heaviest treatment and which are less so. The two most recent studies it is funding look at tomosynthesis—a newer breast imaging technique—versus standard-of-care 3D mammograms, and research on whether weight loss impacts breast cancer treatment and outcomes.

"I think it's been well spent," Singer said of the stamp proceeds.

The study published on Sunday, on which early-stage <u>breast cancer</u> patients can forgo chemo, is by far the most impactful so far.

"We just cannot afford to do these large clinical studies anymore. You're never going to see these kinds of trials from the drug companies," because what is being tested might result in less use of their products, Brawley said.

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