Nurse preceptors must balance teaching, patient care

June 29 2018

(HealthDay)—Caring for deteriorating patients while precepting novice
nurses requires a balancing of teaching and patient care roles, according to a study published online June 19 in the *Journal of Clinical Nursing*.

Carol Della Ratta, Ph.D., R.N., from Stony Brook University in New York, conducted one-on-one, semi-structured interviews of 11 nurse preceptors (August 2016 to September 2017) to assess experiences of caring for deteriorating patients while providing guidance and supervision to a new graduate nurse.

The researchers found that nurse development was fostered by supporting the novice to care. Remembering their own novice experience impacted the preceptors' role. The preceptor's clinical expertise informed understanding of knowing when it was necessary for them to assume care of the patient. Debriefing is an essential preceptor tool that emerged as a critical aspect of reviewing technical aspects of care, venting emotions, and providing evaluative feedback and reassurance to the novice.

"Preceptors' experiences of caring for deteriorating patients while precepting novice nurses requires a balancing of roles to ensure patient safety and novice nurse development," conclude the authors.

More information: Abstract
Full Text (subscription or payment may be required)

Copyright © 2018 HealthDay. All rights reserved.


This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is