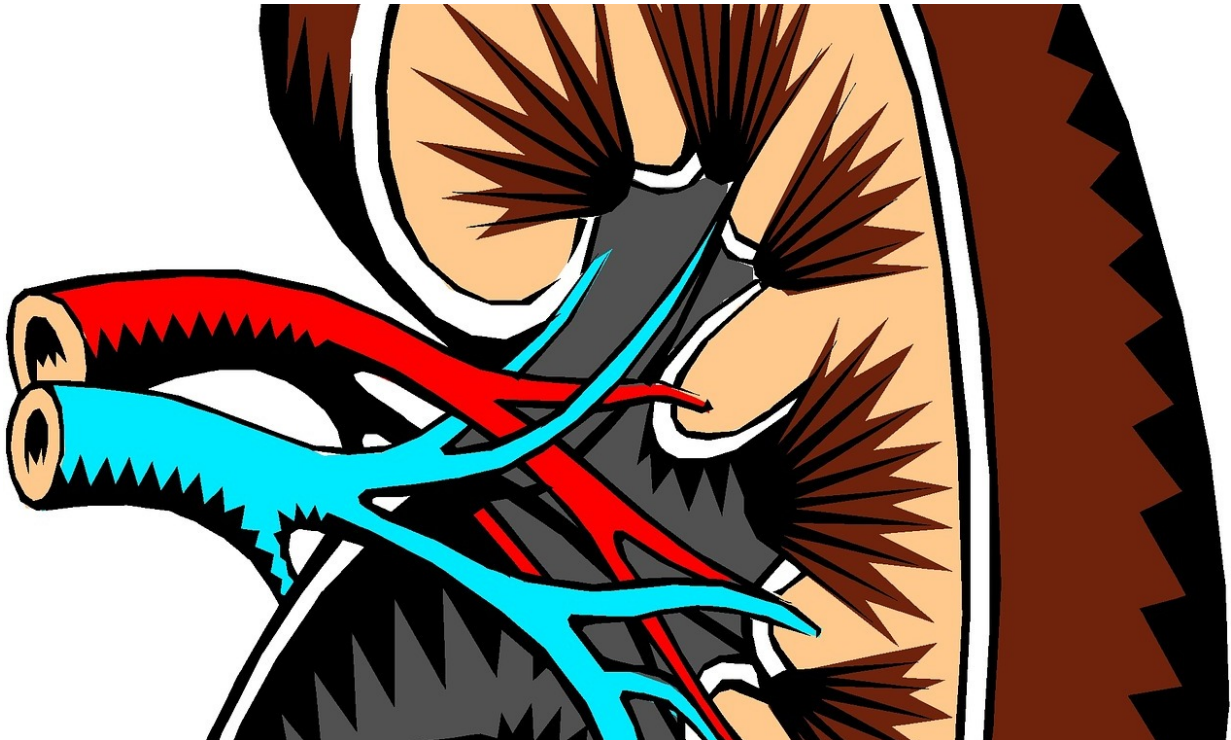


Can older adults safely donate kidneys?

June 20 2018



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With increasing organ demand, living kidney donation from older donors has become more common. A new *Clinical Transplantation* study indicates that kidney donation among carefully-selected adults over 60 years of age poses minimal perioperative risks and no added risk of long-term kidney failure.

A combination of an aging population and an overwhelming [kidney](#) transplant waitlist will necessarily compel transplant centers into accepting more older donors as a way to expand the [donor](#) pool.

"What this study demonstrates is that carefully-selected older kidney donors are at no higher risk, short-term or long-term, than their younger counterparts and this finding has the potential to expand the donor pool by making accessible a whole segment of the population that previously was perceived high-risk for donation," said lead author Dr. Oscar Serrano, of the University of Minnesota.

More information: *Clinical Transplantation*, [DOI: 10.1111/ctr.13287](https://doi.org/10.1111/ctr.13287)

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