

# UN warns of AIDS rebound risk as flat funding threatens gains

July 18 2018

---

Great strides in preventing AIDS deaths and new infections risk being halted, even reversed, if funding and focus continues to dwindle, the UN warned Wednesday.

Announcing the lowest annual death toll in two decades for 2017, and a record number of people on life-saving treatment, UNAIDS cautioned that a creeping "complacency" threatened these achievements.

"We are sounding the alarm," the agency's executive director Michel Sidibe said at the unveiling of a global status report in Paris ahead of next week's International AIDS Conference in Amsterdam.

"Entire regions are falling behind, the huge gains we made for children are not being sustained... resources are still not matching political commitments," he lamented.

The report showed the number of people living with the immune system-attacking virus grew from 36.3 million in 2016 to 36.9 million last year thanks to widening access to antiretroviral therapy (ART).

There were 1.8 million new HIV infections, down from 1.9 million in 2016 and 3.4 million at the peak of the epidemic in 1996.

The number of deaths dropped by 50,000 year-on-year to 940,000, compared to 1.9 million in 2005 when a mere 2.1 million [infected people](#) had access to life-lengthening ART.

Last year, the number on treatment jumped to a record 21.7 million—three in five carriers of the virus, said UNAIDS.

This leaves 15.2 million people still without treatment.

"We are not moving at the pace we had set ourselves," Sidibe told journalists. "We wanted 30 million people on treatment by 2020."

But for this, money is needed. And the global effort is short about \$7 billion (six billion euros) per year, according to UNAIDS.

In 2017, about \$20.6 billion was available for AIDS programmes in low- and middle-income countries which funded about 56 percent from their own budgets, said the report.

This was up eight percent from 2016.

## **'Big risk' of rebound**

However, there have been "no significant new commitments," the agency cautioned, "and as a result the one-year rise in resources is unlikely to continue".

"Without these resources, there is a big risk of the epidemic rebounding, of an increase in mortality due to AIDS," Sidibe told AFP.

Under Donald Trump, the US administration—a major funder of the global AIDS response historically—has threatened to cut spending.

Decades of research has yet to yield a cure or vaccine for the AIDS-causing virus which has infected almost 80 million people and killed 35.4 million since the epidemic burst onto the world stage in the early 1980s.

ART inhibits the virus and can limit its spread between people—mainly through sex—but does not kill it. It is a lifelong treatment that can be expensive and have nasty side-effects.

The UN goal is for 90 percent of HIV-positive people to know their status by 2020. Of these, at least 90 percent must receive ART, and the HIV virus be suppressed in 90 percent of those.

But UNAIDS warned the target may be at risk.

"New HIV infections are rising in around 50 countries," it said. "AIDS-related deaths are not falling fast enough, and flat resources are threatening success."

In eastern Europe and central Asia, where the number of new infections has doubled, only 36 percent of infected people had access to ART.

In the Middle East and North Africa it was less than a third.

## **Concern over Nigeria, Russia**

"Some countries continue to concern us, such as Nigeria which accounts for about half of all new infections in west Africa," said Sidibe.

In Russia, he added, the epidemic "is becoming widespread", spreading from people who inject drugs to the general population.

Sidibe blamed punitive laws which, instead of offering drug users access to clean, uninfected needles, force them underground "hiding and infecting their partners."

He also highlighted the precarious situation of children and teenagers.

About 180,000 minors were newly infected with HIV in 2017, and about 110,000 died of AIDS, yet more than half of under-15s had no access to [treatment](#).

"This is unacceptable," said Sidibe, who warned of creeping apathy and "complacency" in the fight against AIDS.

"We can win, but we haven't won yet," he said of the global battle.

© 2018 AFP

Citation: UN warns of AIDS rebound risk as flat funding threatens gains (2018, July 18)  
retrieved 2 May 2024 from  
<https://medicalxpress.com/news/2018-07-aids-rebound-flat-funding-threatens.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--