

# Mapping the genetic controllers in heart disease

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Researchers have developed a 3-D map of the gene interactions that play a key role in cardiovascular disease, a study in *eLife* reports.

The map will help researchers identify the most important genes to focus on for the development of new treatments for heart attacks, heart failure and [heart rhythm disorders](#).

More than 500 genetic variants have been linked with increased risk of [cardiovascular disease](#). But most are located in so-called 'non-coding' parts of the genome, which means they don't code for a particular protein molecule. This makes it challenging for researchers to understand the importance of these genetic variants because, until now, there has been no way to study their function.

"The strongest genetic signatures associated with complex human diseases, including many cardiovascular diseases, are actually located outside of genes, scattered throughout the vast 98% of the genome that is 'non-coding,'" explains lead author Lindsey Montefiori, Graduate Student at the University of Chicago, US. "What we think is happening is that these mutations affect the function of the 'switches' of genes, called enhancers, which determine where, when and to what level each gene should be turned on."

These enhancers can be located anywhere in the genome and are often a considerable distance from the genes they control. But because DNA forms loops inside cells, the enhancers can physically connect with the genes they control and fine-tune their activity.

It has recently become possible to map these enhancers to their target genes using a technique called high-resolution promoter capture, which uses the enhancer region as 'bait' to catch its target gene. The team added an extra step to this, so that they only 'captured' a region of the genome that contains coding genes. This enabled them to map each mutation to its target gene in human heart cells and examine the precise wiring of all the potential enhancers controlling each gene.

They looked at more than 10,000 genetic mutations that have been linked to cardiovascular diseases and found that 1,999 of them make physical contact with 347 [target genes](#) in heart cells. When they studied the genes further, they found that these were well known for their roles

in cardiac function.

Because the three diseases analysed involve different processes, the team next studied the interactions between enhancers with genes in other cell types which may be involved in cardiovascular [disease](#). Here they found that mutations linked to heart attacks captured a target gene involved in cholesterol regulation, and mutations in heart failure pulled out a gene known to be important in coronary artery disease.

"Incomplete understanding of long-range gene regulation is a major roadblock in translating genetic variants into understanding of disease biology," says senior author Marcelo Nóbrega, Professor of Human Genetics at the University of Chicago. "Our 3-D map of enhancer-gene interactions in human [heart](#) cells will help guide investigators to the most likely causal [genes](#) underlying increased [cardiovascular disease risk](#), and could lead to new treatment and prevention strategies."

**More information:** Lindsey E Montefiori et al, A promoter interaction map for cardiovascular disease genetics, *eLife* (2018). [DOI: 10.7554/eLife.35788](#)

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