

Majority in U.S. support medical pot, think it could fight opioid crisis

July 30 2018, by Dennis Thompson, Healthday Reporter

(HealthDay)—Americans strongly support medical marijuana, and a majority also believe that pot should be legal for recreational purposes, a new *HealthDay/Harris Poll* has found.

Nearly nine out of every 10 adults—85 percent—believe that marijuana should be legalized for medical use, the poll reports.

And more than half, 57 percent, support the legalization of <u>recreational</u> <u>marijuana</u>.

Many also believe there's a role for <u>medical marijuana</u> in easing America's ongoing opioid addiction crisis.

"Voters believe that ending America's failed marijuana prohibition laws is a common sense issue, not a partisan one," said Paul Armentano, deputy director of the reform advocacy group NORML.

"It's time for their elected officials to take a similar posture, and to move expeditiously to amend federal law in a manner that comports with public and scientific consensus, as well as with marijuana's rapidly changing cultural and legal status," Armentano added.

But the poll also found that people do not support a Wild West approach to pot either.

Four out of five said that medical marijuana should be regulated like



other medicines, including U.S. Food and Drug Administration oversight and prescriptions from a medical professional.

The most common reason for lack of support for medical marijuana is concern about pot getting into the wrong hands (for example, kids and pets), with 57 percent of opponents citing that rationale.

Among those who don't support marijuana for recreational use, a little more than two in three believe legalization would allow marijuana to get into the wrong hands.

The online poll included more than 2,000 U.S. adults and was conducted in mid-July.

"Opposition to marijuana—whether for medical or recreational use—comes down to fear of it getting into the wrong hands," said Deana Percassi, managing director of the Harris Poll's public relations research practice.

Slightly more than two out of three adults (69 percent) believe the benefits of medical marijuana outweigh the risks, and a similar percentage believe pot should be viewed as a type of natural medicine, the findings showed.

Support is slightly softer for recreational pot, and skews toward younger adults.

Sixty-seven percent of those aged 18 to 34 support legalization of recreational marijuana, compared with 68 percent of 35- to 44-year-olds and 57 percent of those aged 55 to 64. That number dropped to 38 percent for those aged 65 and older.

Support for recreational cannabis appears to be driven in part by



concerns over the opioid addiction epidemic in the United States.

Slightly more than half of adults, 53 percent, said if marijuana were legal, fewer people would die from opioid overdoses. Younger adults most strongly supported this line of reasoning: 65 percent of those aged 18 to 34 versus 54 percent of those aged 35 to 44, and about 45 percent of those aged 55 and older.

"Marijuana is seen as a way to ease the opioid crisis and even prevent opioid-related deaths," Percassi said.

But there are a lot of misperceptions out there regarding the usefulness of pot, argued Fred Muench, president and CEO of the Partnership for Drug-Free Kids.

There haven't been many clinical trials comparing medical marijuana to other pain-relief methods, such as over-the-counter painkillers, prescription opioids, physical therapy or medical devices, Muench said.

There's also "no evidence to <u>support</u>" the idea that using medical marijuana could help curb the opioid epidemic, he added.

"When you look at the recent reviews of the evidence of medical marijuana, it's not that great," Muench said. "Let's make sure we're opening the conversation up to really understand what all of the alternatives are, rather than making a dichotomous argument of opioids versus marijuana."

On the other hand, early studies out of legalization states have linked recreational marijuana to an increased number of emergency department visits and traffic accidents, Muench noted.

Early pot use among adolescents has been associated with poor school



performance, higher dropout rates, unemployment, poor life satisfaction and an overall lack of motivation, he added.

"The problem here is we're at the beginning of this massive experiment with unknown outcomes," Muench said, "but we have a literature base on the effects of marijuana we're completely ignoring."

And, Muench noted, the public tends to confuse legalization of pot with decriminalization.

"Legalization and decriminalization are completely separate," he said.

"No person should ever be arrested for having marijuana. We would clean out our jail cells if we decriminalized," Muench said.

"Legalization is a very different model," he continued. "We are opening the floodgates. There are so many interests that have a financial incentive to make <u>marijuana</u> legal and they are pushing the agenda. They are pushing the conversation. People think they are fighting the man when they're really being led down a path of inaccurate and incomplete information."

This *HealthDay/Harris Poll* was conducted online within the United States July 12-16, 2018, among 2,020 U.S. adults (aged 18 and over). This online survey is not based on a probability sample and therefore no estimate of theoretical sampling error can be calculated.

More information: July 30, 2018, *HealthDay/Harris Poll*; Paul Armentano, deputy director, reform advocacy group NORML; Fred Muench, Ph.D., president and CEO, Partnership for Drug-Free Kids

The U.S. National Institute on Drug Abuse has more about marijuana.



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