

# **Study shows how to make (and destroy) a metastatic cancer cell**

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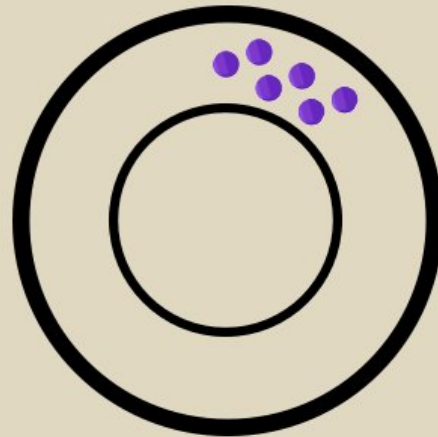
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# Autophagy, Oversimplified

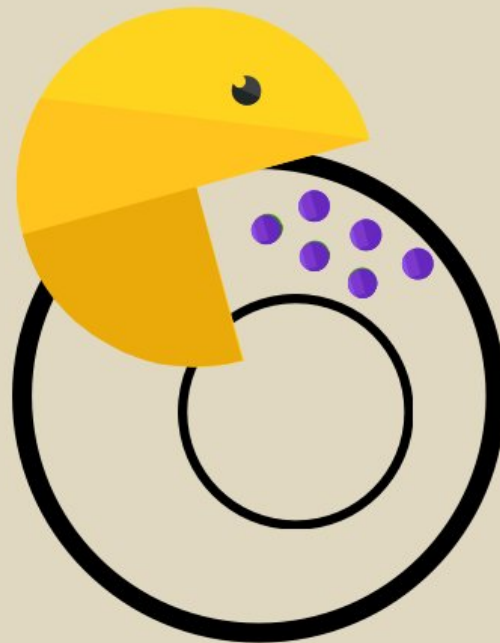


University of Colorado Cancer Center

**1. Autophagosome engulfs "stuff" to be recycled**



**2. Lysosome degrades stuff**



Colorado study shows that inhibiting the lysosomal stage of autophagy (and not

necessarily the action of the autophagosome) may kill metastatic cancer cells.  
Credit: University of Colorado Cancer Center

Many cancers become especially dangerous only when they metastasize from their site of origin to faraway tissues such as lung, brain or bone. Now, a University of Colorado Cancer Center study published today in the *Proceedings of the National Academy of Sciences* describes a new strategy against these metastatic cells: By turning off an important step of cellular recycling, metastatic cancer cells become unable to survive the stresses of traveling through the body to seed sites of metastasis.

"Highly [metastatic cells](#) leave their happy home and have all these stresses on them. One way that the cell is able to deal with stresses is through disposing of cellular wastes or damaged cell components and recycling them. When we turn off the activity of cellular structures called lysosomes, which a cell uses to do this recycling, the metastatic [cells](#) become unable to survive these stresses," says Michael J. Morgan, Ph.D., assistant research professor at CU Cancer Center and now assistant professor at Northeastern State University in Oklahoma. Morgan worked with bladder [cancer](#) expert, Dan Theodorescu, MD, Ph.D., former director of the CU Cancer Center and now director of the Samuel Oschin Comprehensive Cancer Institute at Cedars-Sinai, and Andrew Thorburn, DPhil, CU Cancer Center investigator, professor and chairman of the CU School of Medicine Department of Pharmacology. Thorburn and Morgan specialize in the study a process called autophagy, which brings cellular wastes to the [lysosome](#), while Theodorescu is a recognized leader in the study of metastasis.

The word autophagy is from the Greek for "self-eating." Very basically, in the case of cancer cells, autophagy requires grabbing and then degrading damaged or unneeded structures within the cell to survive

situations that would otherwise kill them. First, the thing to be "eaten" is engulfed by a structure called an autophagosome. The autophagosome has two cell walls—an inner and an outer membrane—and between these membranes are dangerous little packets called lysosomes. The lysosomes contain molecules that break things apart. Once inside the autophagosome's outer membrane, lysosomes deliver molecules to break down the thing to be recycled.

"What was surprising was that it was not the process of autophagy itself that was specifically important for the metastatic cell," Morgan says. "If you inhibit autophagy at an early stage, you can reduce the cell growth of both metastatic and non-metastatic cells. But if you block the lysosome function of late-stage autophagy, it hits these metastatic cells a lot harder and they actually die," Morgan says.

The current study shows that it is the action of lysosomes that is specifically important to metastatic cancer cells. The researchers saw this as the difference between genetically inhibiting all of autophagy, and using the drug chloroquine, which inhibits the action of lysosomes. When they genetically inhibited all of autophagy, the growth of both metastatic and non-metastatic cancer cells was somewhat reduced; when they used chloroquine to inhibit both autophagy and lysosomal function, non-metastatic cells were similarly just slowed down, while metastatic cells were efficiently killed.

"There was something about lysosomes that was specific to these metastatic cells," Thorburn says.

To discover this "something," the group reverse-engineered chloroquine-resistant cells. They did this by growing metastatic cells in the presence of small amounts of chloroquine. Many cells died, but the ones that lived were transplanted and grown with chloroquine again, allowing them to evolve chloroquine resistance over generations. By the time these

metastatic cancer cells had evolved to resist chloroquine, they had also lost their metastatic potential.

"The door swings both directions," Morgan says. "When we selected for cells that resisted chloroquine, they became non-metastatic. And when we selected for cells that were metastatic, they gained sensitivity to chloroquine. They stopped growing and they died because all of a sudden they came to depend on the lysosomal action that chloroquine takes away."

Theodorescu suggests a possible, interesting benefit: "With a patient, if they had a bladder cancer tumor and we gave chloroquine, let's suppose that some cancer cells became resistant to chloroquine. We would predict, based on our study, even if the resistant cells start to grow again, they wouldn't be metastatic anymore," he says. "This may have clinical benefit for the patient."

The study may also help doctors pinpoint which cancer patients could most benefit from treatment with chloroquine. A major difference between resistant and sensitive cells was the level of a protein called ID4. When ID4 was low, cells were metastatic and sensitive to chloroquine; when ID4 was high, cells were less metastatic and resisted chloroquine.

"In future clinical trials that include chloroquine, we may be looking at ID4 to predict which patients will benefit most," Theodorescu says. "This is work similar to what we have done in other settings, namely finding biomarkers that predict prognosis."

In fact, ID4 has been known to predict patient outcomes in bladder, prostate and breast cancers—the higher the level of ID4, the better patients tend to do.

"We call ID4 a putative biomarker," Thorburn says. "Cells that are

metastatic had low ID4. If you made them chloroquine-resistant, they got their ID4 back. When we knocked down ID4, they became more metastatic."

Overall, the level of ID4 may show which cancer cells are most metastatic and thus most dependent on the action of lysosomes. And the level of ID4 in a patient's primary tumor may predict how well a patient will respond to treatment with the drug [chloroquine](#), which inhibits lysosomal activity.

**More information:** Michael J. Morgan et al., "Metastatic cells are preferentially vulnerable to lysosomal inhibition," *PNAS* (2018).  
[www.pnas.org/cgi/doi/10.1073/pnas.1706526115](http://www.pnas.org/cgi/doi/10.1073/pnas.1706526115)

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