

One-quarter of older U.S. adults may be overtreated for diabetes

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(HealthDay)—One-quarter of older adults with type 2 diabetes in the

United States are tightly controlled using glucose-lowering medications with a high risk of hypoglycemia, according to a study published in the June issue of the *Journal of the American Geriatrics Society*.

Suzanne V. Arnold, M.D., from the University of Missouri-Kansas City, and colleagues examined the proportion of [older adults](#) with [diabetes mellitus](#) treated with tight glucose control and the factors associated with this practice. Data were obtained from 42,669 adults aged 75 and older with type 2 [diabetes](#) mellitus seen at 151 outpatient sites participating in the Diabetes Collaborative Registry. Patients were categorized according to glycosylated hemoglobin (HbA1c) and glucose-lowering medications. Groups were defined as poor control (HbA1c >9 percent), moderate control (HbA1c 8 to 9 percent), conservative control (HbA1c 7 to 8 percent), tight control with low-risk agents for hypoglycemia (HbA1c

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