Scientists find a new way to attack herpesviruses

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Human cytomegalovirus is a leading cause of birth defects and transplant failures. As it's evolved over time, this virus from the herpes family has found a way to bypass the body's defense mechanisms that usually guards against viral infections. Until now, scientists couldn't understand
how it manages to do so.

A team of scientists led by Leor S. Weinberger, Ph.D., the William and Ute Bowes Distinguished Professor and director of the Gladstone–UCSF Center for Cell Circuitry, uncovered the mechanism that allows the virus to replicate. Their study, published in the scientific journal *PNAS*, could open new therapeutic avenues to treat not only cytomegalovirus, but other viruses as well.

Normally, when a virus enters your cell, that cell blocks the virus's DNA and prevents it from performing any actions. The virus must overcome this barrier to effectively multiply.

To get around this obstacle, cytomegalovirus doesn't simply inject its own DNA into a human cell. Instead, it carries its viral DNA into the cell along with proteins called PP71. After entering the cell, it releases these PP71 proteins, which enables the viral DNA to replicate and the infection to spread.

"The way the virus operates is pretty cool, but it also presents a problem we couldn't solve," said Noam Vardi, Ph.D., postdoctoral scholar in Weinberger's laboratory and first author of the new study. "The PP71 proteins are needed for the virus to replicate. But they actually die after a few hours, while it takes days to create new virus. So how can the virus successfully multiply even after these proteins are gone?"

The researchers found that, while PP71 is still present in the cell, it activates another protein known as IE1. This happens within the first few hours of the virus entering the cell, allowing the IE1 protein to take over after PP71 dies and continue creating new virus.

To confirm their findings, the team created a synthetic version of the virus that allowed them to adjust the levels of the IE1 proteins using
small molecules. With this technique, they could let the virus infect the cell while controlling how quickly the IE1 protein would break down in the cell.

"We noticed that when the IE1 protein degrades slowly, as it normally does, the virus can replicate very efficiently," said Vardi. "But if the protein breaks down faster, the virus can't multiply as well. So, we confirmed that the virus needs the IE1 protein to successfully replicate."

This study could have broad implications for the scientific community, which has been struggling to determine how cells maintain their identity over time. During development, for instance, stem cells choose a path based on the proteins that surround them. But even after these initial proteins disappear, the specialized cells don't change. So, stem cells that turn into neurons during development continue to be neurons long after those proteins are gone.

"The issue is similar for the virus," explained Weinberger, who is also a professor of pharmaceutical chemistry at UC San Francisco. "It was not clear what mechanisms allowed the virus to continue replicating long after the initial signal from the PP71 had decayed to a whisper. Our findings uncover a circuit encoded by the virus that controls its fate and indicate that such circuits may be quite common in viruses."

The new study could lead to a new therapeutic target to attack cytomegalovirus and other herpesviruses, such as Epstein-Barr virus that causes mononucleosis and herpes simplex virus 1 and 2 that produce most cold sores and genital herpes.

The paper "Feedback-mediated signal conversion promotes viral fitness" was published by PNAS (Proceedings of the National Academy of Sciences of the United States of America) on August 27, 2018.

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