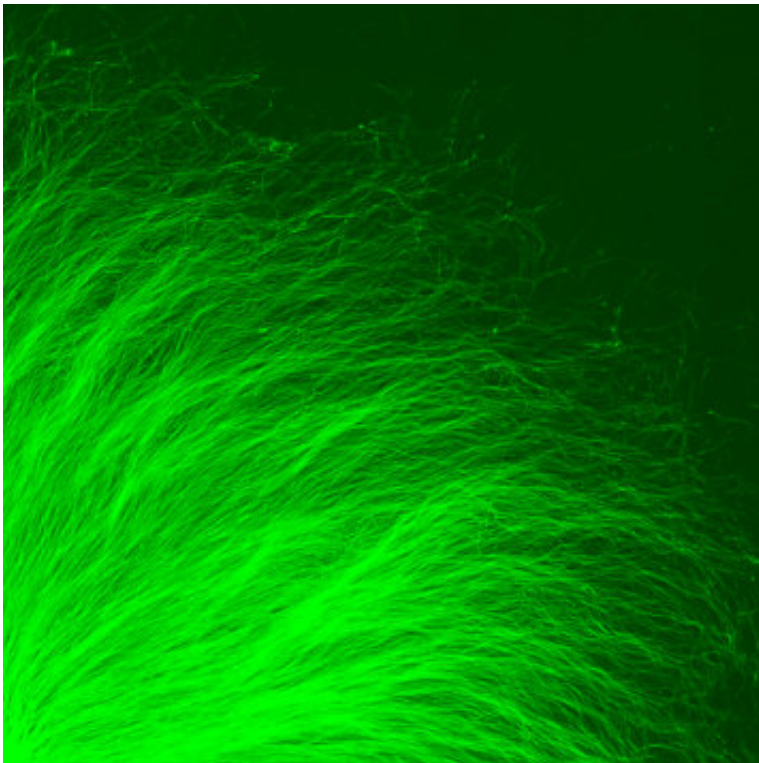


Study raises the standard for measuring nerve cell death

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Healthy neurons visualized using fluorescent microscopy. Credit: UBC Okanagan

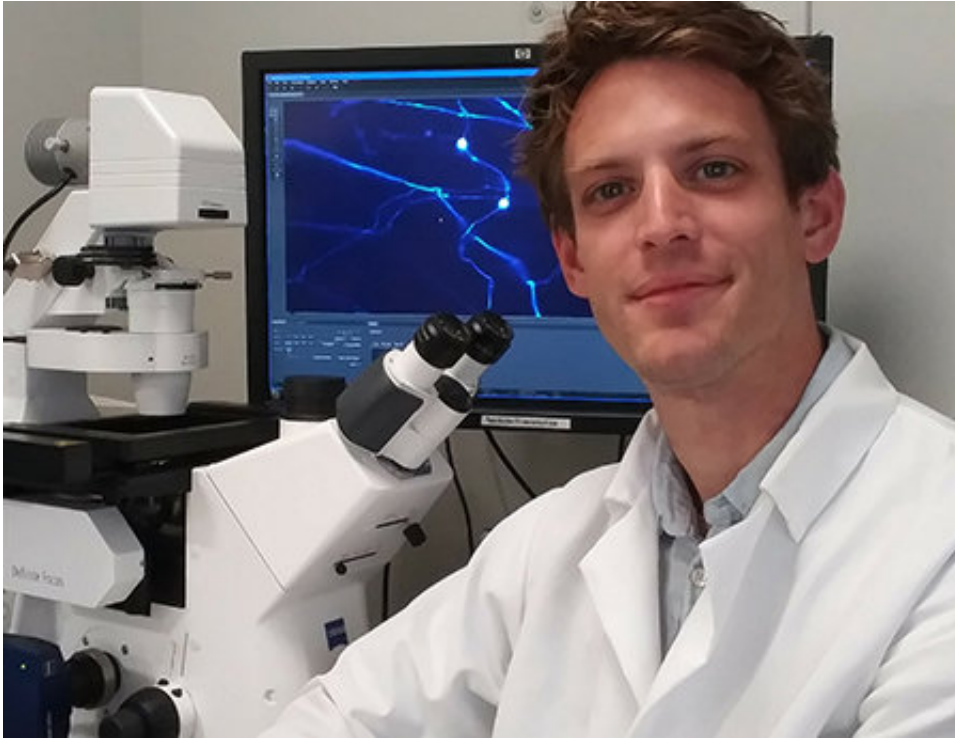
Researchers at UBC's Okanagan campus have developed a new and improved method to judge the effectiveness of experimental therapies for neurodegeneration—the progressive loss of neurons.

"Neurons—or nerve [cells](#)—are hugely important to our daily lives," says post doctoral fellow Aaron Johnstone and study lead author. "These specialized cells collect and process the large amounts of information that enter our bodies via our senses, control our muscles and organs, and form our thoughts and memories. When these cells become unhealthy, it leads to diseases like Alzheimer's and Parkinson's, ALS, glaucoma and chronic pain."

Johnstone says his study uses the first automated test specifically designed for measuring degeneration of [sensory neurons](#) grown in a lab.

"The variability in nerve cell lengths, densities and shapes have traditionally made it difficult to reliably analyze their health," says Johnstone. "This, in turn, has generated confusion about the effectiveness of potential pharmacological or genetic treatments."

Using the new approach, which is software-assisted, the research team were able to measure nerve cell densities more accurately.



Post doctoral fellow Aaron Johnstone. Credit: UBC Okanagan

To do this the team grew [nerve](#) cells in a lab environment, and after establishing healthy [neurons](#) researchers mimicked the conditions that cause neurodegeneration. Neuron loss was then captured using fluorescent microscopy—a process that makes the tiny cells easier to see—and analyzed using a computer algorithm.

Johnstone suggests that objective measurement is essential to the process of developing new medicines.

"This procedure makes evaluating new treatment options, like drugs or gene therapies, far more accurate and trustworthy," Johnstone adds.

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