

# Summer sounds can cause hearing damage

August 2 2018

---



(HealthDay)—The sounds of summer can cause hearing damage, warn experts from Penn State University.

Huseyin Isildak, M.D., director of otology and neurotology in the Division of Otolaryngology—Head and Neck Surgery at the Penn State Health Milton S. Hershey Medical Center, says that sounds associated with summer fun—fireworks, music concerts, and lawnmowers—can cause real damage. Ear plugs and moving far enough away from the noise source can prevent damage.

Additionally, Isildak sees ear trouble resulting from time spent in the water. Ear plugs can prevent the most common issue—water in the ear. He recommends that before going scuba diving, divers should be sure that they don't have any ear or nose conditions that would prevent being able to balance the pressure. Isildak also suggests allergy sufferers be advised to use a nasal spray or take allergy medicine before they go diving.

**More information:** [More Information](#)

Copyright © 2018 [HealthDay](#). All rights reserved.

Citation: Summer sounds can cause hearing damage (2018, August 2) retrieved 20 April 2024 from <https://medicalxpress.com/news/2018-08-summer.html>

|  |
|--|
| <p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p> |
|--|