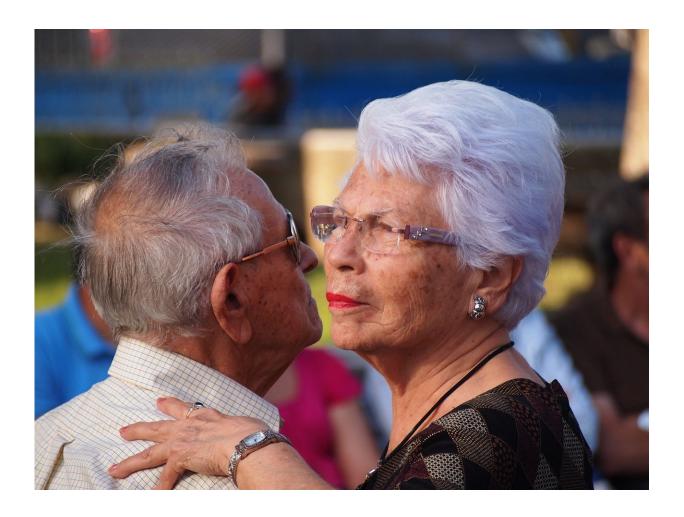


## Arthritis and depression often occur together in older adults

September 19 2018



Credit: CC0 Public Domain

Arthritis is common in individuals with varying degrees of depression,



according to a new International Journal of Geriatric Psychiatry study.

In the analysis of National Health and Nutrition Examination Survey 2011-2014 data on US adults aged 50 years and older, the prevalence of arthritis was 55.0%, 62.9%, and 67.8% in participants with minor, moderate, and severe depression, respectively.

The findings highlight the importance of screening for and treating arthritis-related pain in older adults with depressive symptoms. In addition, understanding that <u>depressive symptoms</u> and arthritis may be interlinked in older adults is critical to ensure availability and access to appropriate care

**More information:** *International Journal of Geriatric Psychiatry*, <u>DOI:</u> 10.1002/gps.4971

## Provided by Wiley

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