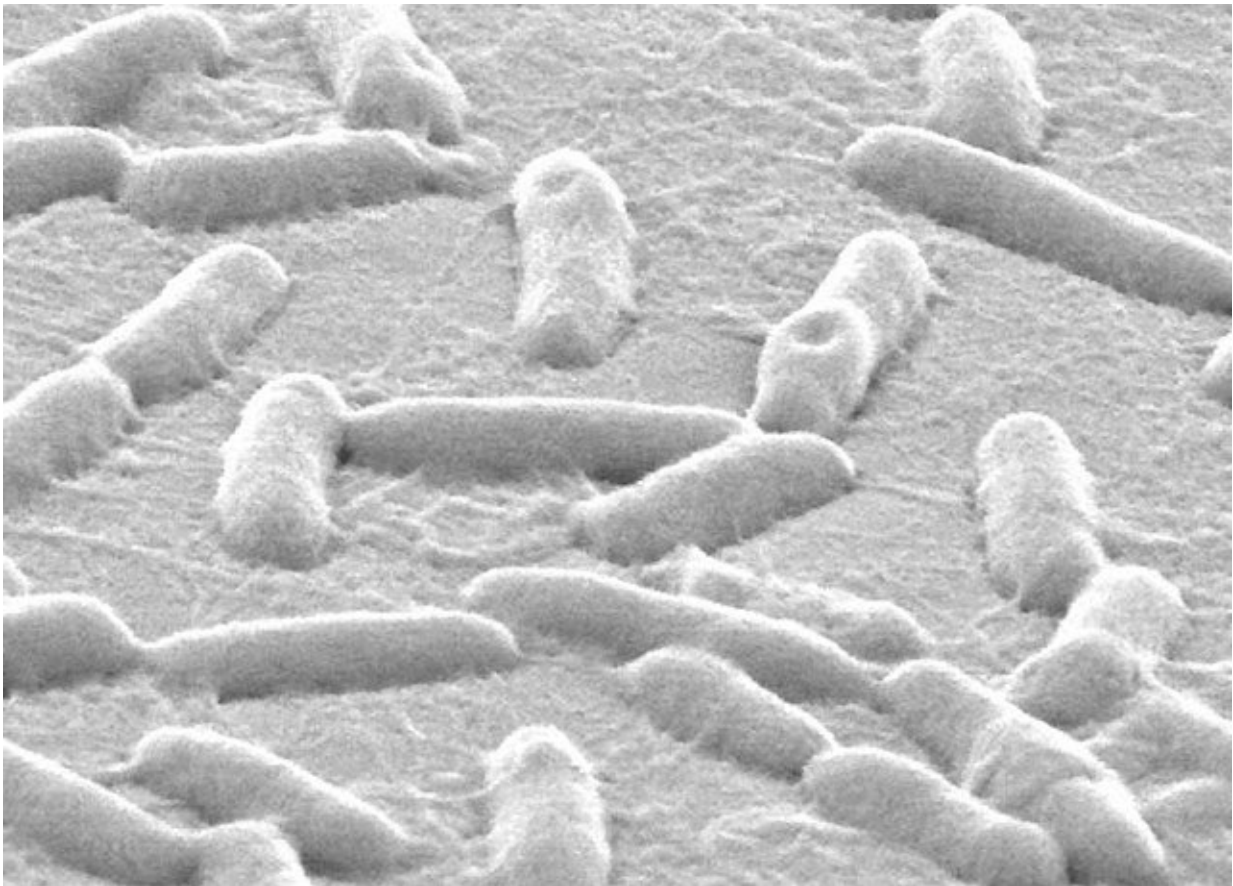


# Hit 'em where they eat: Stealth drug fights resistant bacteria

September 26 2018

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A scanning electron micrograph of *pseudomonas* growing on plastic. Credit: Singh Lab, University of Washington

The lack of new antibiotics is among the most critical challenges facing

medicine. Researchers have been on the hunt for new drugs to combat "superbugs" that cannot be penetrated by current antibiotics.

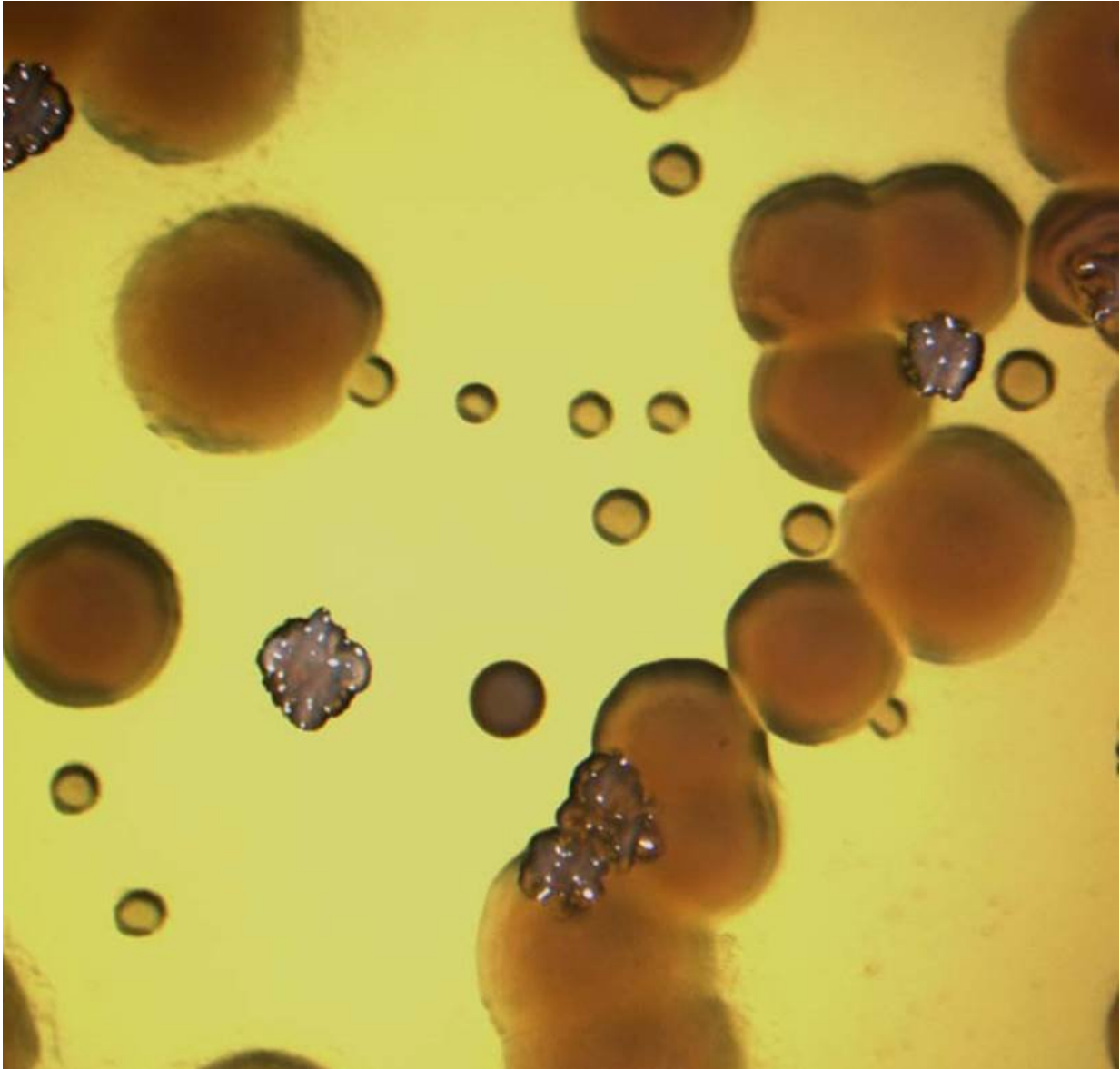
Rather than looking for drugs that forcibly penetrate [bacteria](#), researchers tried a new approach: tricking bacteria into taking up a molecule that looks like food, but wreaks havoc once inside. A study of this approach shows initial success in mice and humans.

The work is described in the Sept. 26, 2018, issue of *Science Translational Medicine*. The two primary investigators, Pradeep Singh and Christopher Goss, are faculty members at the University of Washington (UW) School of Medicine.

Their study focused on one superbug, *Pseudomonas aeruginosa*, which causes infection in the lungs, urinary tract, wounds and elsewhere. It is a particular problem in patients whose ability to fight infection is impaired because of illnesses such as cystic fibrosis, cancer and AIDS.

The researchers studied [gallium](#) because it is a metal similar to iron, a critical nutrient for bacteria during infection.

"The body goes to great lengths to keep iron away from bacteria, and infecting organisms crank up special systems to import iron and steal it from the host," said Singh, the senior author and a UW professor of microbiology and medicine.



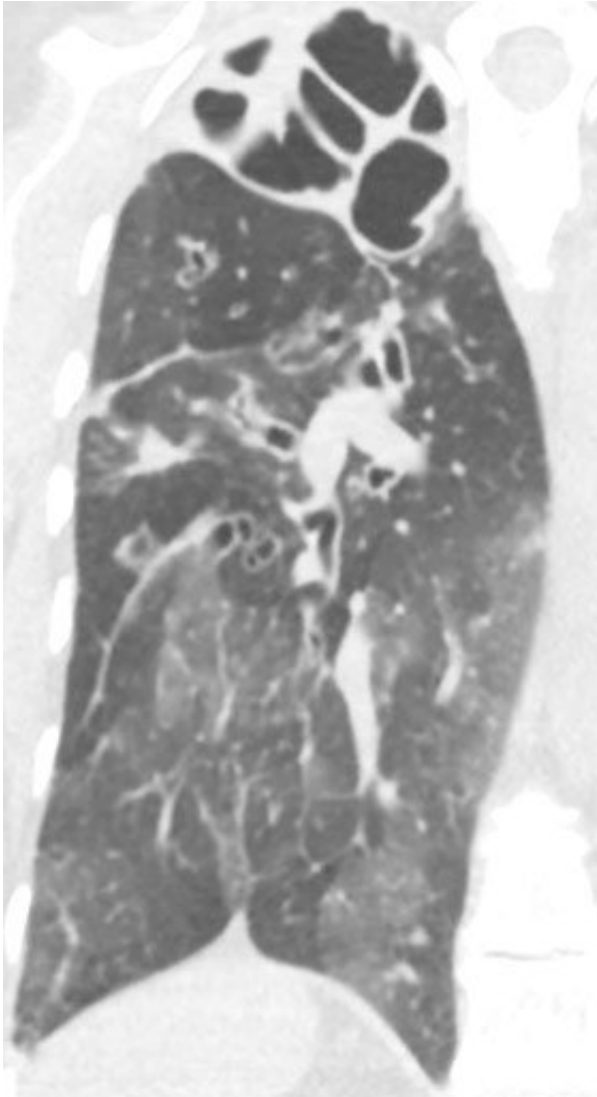
Colonies of *Pseudomonas* bacteria growing on an agar plate. Credit: Singh Lab, University of Washington

Goss, a UW professor of medicine and pediatrics and the paper's first author, described gallium as a Trojan horse. "Gallium not only fails to nourish bacteria as iron would, it actually harms them."

The researchers also discovered how gallium works. "Gallium disrupts machinery that bacteria use to make new DNA, and without this the bacteria can't multiply," said co-author Bradley Britigan, professor of internal [medicine](#) at the University of Nebraska Medical Center. "This and other essential processes require iron, and gallium is a monkey wrench that shuts the system down."

In lab studies, bacteria developed resistance to gallium at low rates, and gallium's potency was increased when used in combination with some existing antibiotics. These factors led the researchers to test gallium in mice and then in humans.

In mice, researchers found that a single dose cured lethal [lung infections](#). They then studied gallium in 20 people with [cystic fibrosis](#) (CF) and difficult-to-treat lung infections caused by antibiotic-resistant *Pseudomonas* bacteria.



In this x-ray image, *Pseudomonas* infection in a lung is most visible at the top of the organ, which appears as a torn shroud over cavities. Credit: Singh Lab, University of Washington

"Our preliminary study in a small group of people with CF suggests that gallium is safe and improves patients' lung function," Goss said. "These are exciting results, but we need to do more studies to determine if gallium can be developed into a routine, safe treatment."

The idea of disrupting bacterial nutrition as an antimicrobial strategy was raised in the 1800s by Louis Pasteur, but such treatments have been difficult to develop.

Could gallium-based therapies be the exception to that experience? "That's our hope, and we're encouraged by these results, but we've have to be cautious and do more work before we'll know," said Singh.

**More information:** C.H. Goss et al., "Gallium disrupts bacterial iron metabolism and has therapeutic effects in mice and humans with lung infections," *Science Translational Medicine* (2018).

[stm.sciencemag.org/lookup/doi/10.1126/scitranslmed.aat7520](https://stm.sciencemag.org/lookup/doi/10.1126/scitranslmed.aat7520)

Provided by University of Washington

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