

IVF births at highest number ever, says report

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In 2016/17, 15,198 IVF babies were born in Australia and New Zealand as a result of cycles undertaken in 2016 – the highest number ever in IVF's 40-year history, a UNSW report released today shows.

"The increase in the number of IVF [babies](#) reflects both the rise in

number of cycles and an improvement in success rates over the last five years," says Professor Michael Chapman, President of the Fertility Society of Australia (FSA).

The report shows the live birth rate per embryo transfer has increased from 22.5 percent in 2012 to 26.2 percent in 2016, the most recent year from which data are available.

A major factor in these improved outcomes is an increase in the success rate of frozen embryo transfers, from 20 percent in 2012 to 27 percent in 2016. For the first time, there were more thawed embryo transfer cycles than fresh cycles performed in 2016 – almost 60 percent of babies born through IVF treatment resulted from frozen [embryos](#).

Another factor in the improved success rate has been the uptake of preimplantation genetic testing of embryos, which increased more than 200 percent since 2012.

"Australia leads the world in the reduction of multiple pregnancy and its adverse outcomes, with a high rate of single embryo transfer – making us one of the safest countries in the world to have IVF," says Professor Luk Rombauts, Vice-President of the FSA.

The proportion of IVF cycles with only a single embryo transferred increased from 73 percent in 2012 to 88 percent in 2016. This has meant that the proportion of twins and triplets born following IVF treatment is now 3.8 percent, one of the lowest rates in the world.

Due to a continued trend of delaying childbirth, one in four cycles are performed in women 40 years or over. Success rates in this group have risen by 30 percent over the last five years, from 10 percent to 13 percent.

The report, which is funded by the FSA, contains data about IVF cycles undertaken in 2016 and the resulting babies born in 2016 and 2017. The data presented in this report is maintained by the National Perinatal Epidemiology and Statistics Unit (NPESU) within UNSW's Centre for Big Data Research in Health and School of Women's and Children's Health on behalf of the FSA.

Key findings of the report

- Largest ever number of babies born through IVF in 2016/17 – 13,596 in Australian clinics and 1,602 in New Zealand clinics
- 4.3 percent increase in the number of IVF treatment cycles performed in 2016 (compared to 2015), with 81,062 cycles reported from Australian and New Zealand clinics
- Live birth rate per [embryo transfer](#) has increased from 22.5 percent in 2012 to 26.2 percent in 2016
- The average age of women having IVF treatment in 2016 was 36 years, with 1 in 4 cycles performed in women aged over 40
- Australia and New Zealand safest region in the world for babies born by IVF treatment.

Provided by University of New South Wales

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