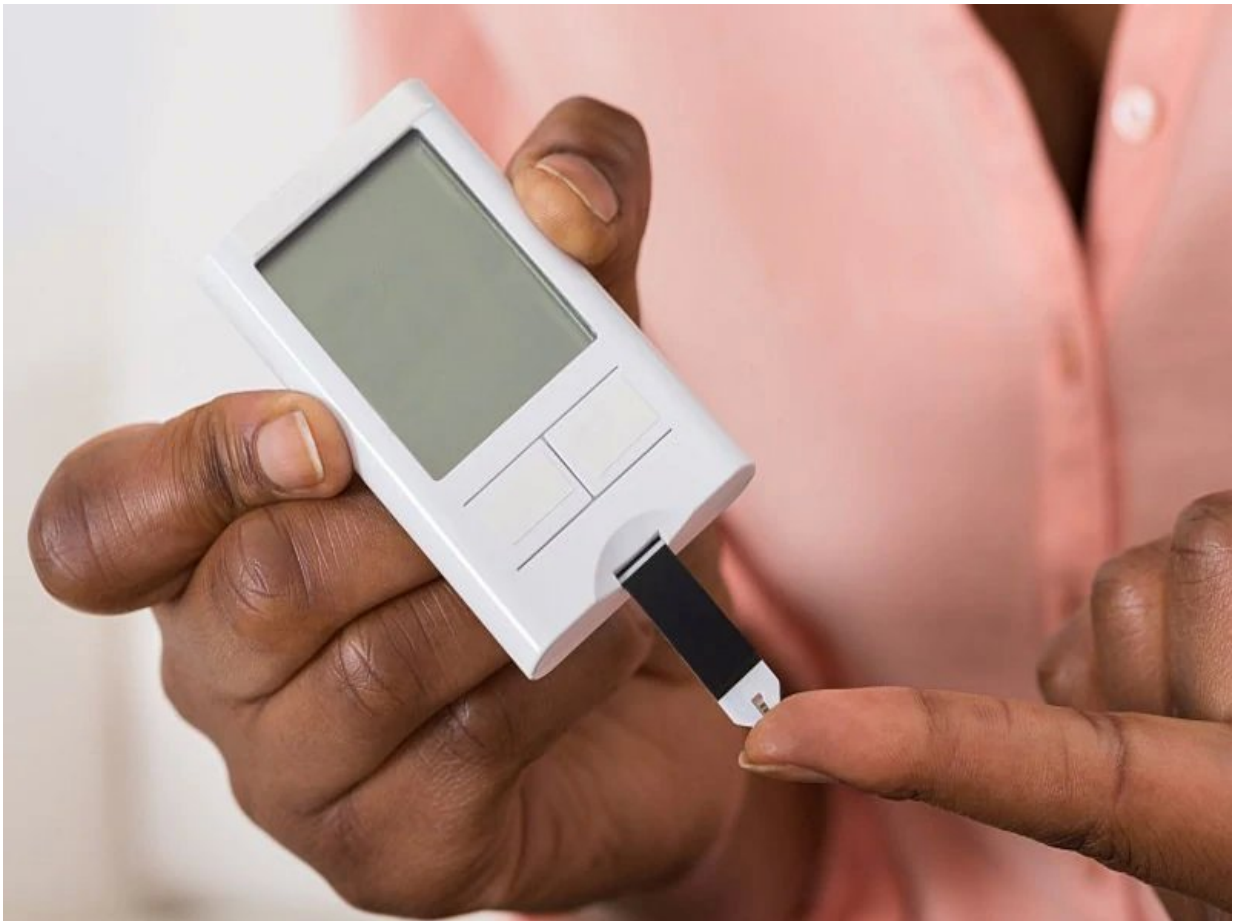


Total diabetes at 14 percent in U.S. adults for 2013-2016

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(HealthDay)—The prevalence of diabetes was 14.0 percent among U.S.

adults in 2013 to 2016, with prevalence of undiagnosed diabetes 4.3 percent, according to a September data brief published by the U.S. Centers for Disease Control and Prevention's National Center for Health Statistics.

Nicholas D. Mendola, M.P.H., from the George Washington University Milken Institute School of Public Health in Washington, D.C., and colleagues used data from the National Health and Nutrition Examination Survey to examine the prevalence of total, diagnosed, and undiagnosed [diabetes](#) in U.S. adults during 2013 to 2016.

The researchers found that the prevalence of total diabetes, diagnosed diabetes, and undiagnosed diabetes was 14.0, 9.7, and 4.3 percent among U.S. adults in 2013 to 2016. The prevalence of total diabetes was higher among men than women (15.9 versus 12.2 percent). With age, there were increases in the prevalence of total, diagnosed, and undiagnosed diabetes. Compared with non-Hispanic white adults, Hispanic adults had higher prevalence of total, diagnosed, and undiagnosed diabetes, while black adults had higher prevalence of total and diagnosed diabetes. With increasing weight status category, there were increases in the prevalence of total, diagnosed, and undiagnosed diabetes.

"These results show that among all adults with diabetes, 30.7 percent had [undiagnosed diabetes](#)," the authors write.

More information: [Abstract/Full Text](#)

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