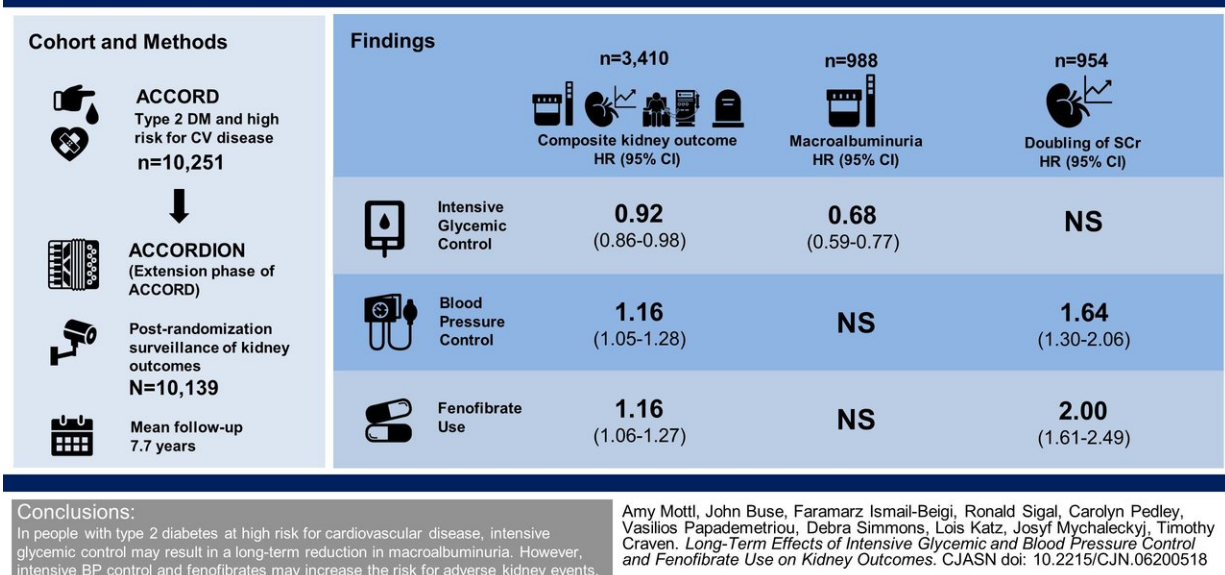


Study questions certain treatments for diabetic patients at high risk for heart disease

October 25 2018

What are the long-term kidney effects of aggressive control of glycemia, blood pressure and lipids?

CJASN
Clinical Journal of American Society of Nephrology



Credit: Mottl

New research suggests that attempts to normalize blood pressure, and cholesterol may have negative long-term effects on kidney health in adults with type 2 diabetes who are at high risk for cardiovascular disease. The results appear in an upcoming issue of the *Clinical Journal*

of the American Society of Nephrology (CJASN) and will be presented at ASN Kidney Week 2018.

Type 2 diabetes greatly increases the risk for both cardiovascular disease and [chronic kidney disease](#). Therefore, it is especially important to protect the heart and kidney health of patients with type 2 diabetes. In these patients, aggressive control of [blood](#) sugar, blood pressure, and cholesterol has resulted in conflicting short-term effects on kidney health. To determine the long-term kidney effects of these interventions, Amy K. Mottl, MD (University of North Carolina Kidney Center), Timothy E. Craven, MSPH (Wake Forest School of Medicine), and their colleagues examined information on more than 10,000 participants in ACCORDION, which is an extension phase of the ACCORD trial, a multifactorial intervention study in people with type 2 diabetes at high risk for [cardiovascular disease](#).

The team found that intensive blood sugar control aiming for normal average [blood sugar](#) (hemoglobin A1c target

Citation: Study questions certain treatments for diabetic patients at high risk for heart disease (2018, October 25) retrieved 20 March 2024 from <https://medicalxpress.com/news/2018-10-treatments-diabetic-patients-high-heart.html>

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