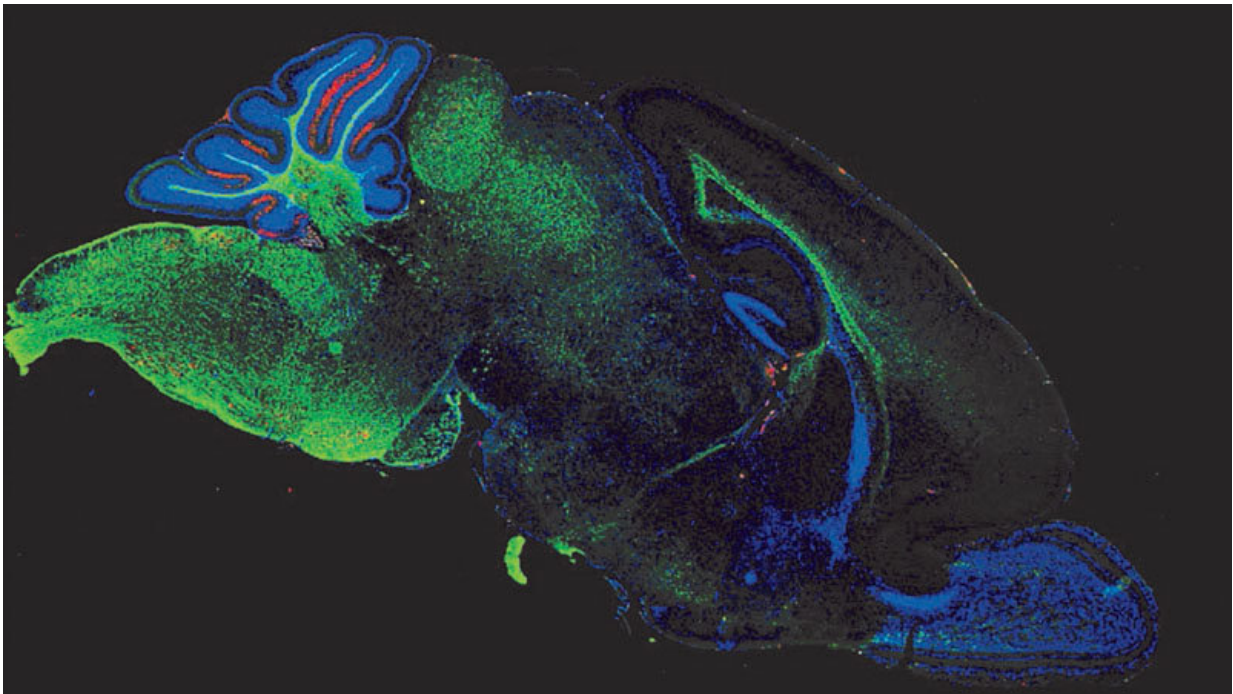


# Researchers find the cause of and cure for brain injury associated with gut condition

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Representative confocal micrograph showing the expression of myelin basic protein (MBP - green) and reactive oxygen species (red) in the brain (midsagittal section) of an 11 day old mouse exposed to experimental necrotizing enterocolitis. Credit: David Hackam

Using a mouse model of necrotizing enterocolitis (NEC)—a potentially fatal condition that causes a premature infant's gut to suddenly die—researchers at Johns Hopkins say they have uncovered the

molecular causes of the condition and its associated brain injury. The discovery enabled the team to combine efforts with colleagues studying brain inflammation and to identify potential drugs that reverse the brain injury in mice.

Details about the study and findings appear in this week's *Science Translational Medicine*.

"Up until recently, there was no clear understanding of what causes NEC, and the only approach in severe cases was to surgically remove the dead gut from the infant," says David Hackam, M.D., Ph.D., the Garrett Professor and Chief of Pediatric Surgery, a professor of surgery, pediatrics and cell biology at the Johns Hopkins University School of Medicine. "However, NEC survivors have ongoing problems, including significant cognitive impairment."

While the exact causes of NEC in newborns were unclear, the disease is known to occur in premature infants who are fed formula and suffer other stressors, such as bacterial infections. So the team developed a [mouse model](#) of NEC by separating newborn [mice](#) from their mothers and feeding them formula, subjecting them to a low oxygen chamber twice a day for four days as a stressor and making sure they had similar gut bacteria by feeding them stool from a child who had developed severe NEC. According to Hackam, not only did these mice develop NEC, their brains also showed the same [injury](#) as seen in humans and impaired brain function when older. At this point, they were ready to figure out what was causing NEC-associated [brain injury](#) in these mice.

First, they looked at whether the immune cells of the brain, so-called microglia, were activated in these NEC mice, which would signify some sort of inflammation. Indeed, the microglia were activated. Others had shown that a protein called TLR4, which binds to bacteria in the gut, is also able to activate microglia in the brain. So they genetically

engineered mice to not contain TLR4 on the microglia and gave these mice NEC. The researchers found that these mice did not develop NEC-associated brain injury, suggesting that TLR4 is the cause of that injury.

The team then sought to understand what it is about this gut condition that leads to brain injury. Their previous research had revealed that TLR4 protein was also in the gut. According to Hackam, TLR4 is present in the developing fetal gut at high levels. Those levels drop in full-term infants after delivery. Infants born prematurely, however, maintain high levels of TLR4 in their gut. TLR4 in NEC guts cause cells to release another protein, HMGB1. The team engineered mice to lack HMGB1 and then gave them NEC. These mice showed less microglial activation in the brain than nonengineered mice with NEC, implying that, indeed, the HMGB1 generated by TLR4 in an inflamed gut is the cause of NEC-associated brain injury.

The work originated through a chance conversation. "One of the cool things about Johns Hopkins is that it's full of smart people studying all kinds of things. One of the first people I met when I came here in 2014 was Sujatha Kannan, who was studying brain injury in rabbits and had recently shown that an anti-inflammatory applied to the brain of rabbits could prevent cerebral palsy," says Hackam. So, Hackam and Kannan teamed up to see if this would work in NEC mice. They fed nanoparticles containing antioxidants and tagged with a fluorescent molecule to mice with NEC and examined mouse brains to see where the glowing molecules accumulated.

Sure enough, the brains glowed in the same brain regions where activated microglia are found. Additionally, these brains contained fewer activated microglia, suggesting that the nanoparticle drugs could protect the brain from NEC-associated brain injury.

"We really had to change our thinking from NEC being not only a gut

condition to really being a gut-brain condition," says Hackam. "While this condition manifests more immediately in the gut, neonatologists should also focus on a [brain](#)-protective strategy, which could include surgery sooner, gut rest and antibiotics.

"This is a devastating disease, but now that we more clearly understand the molecular underpinnings," says Hackam, "we are eager to see if it holds true in other models and in patients, so that we have a real chance at ultimately doing better for these babies and their parents,"

**More information:** D.F. Nino et al., "Cognitive impairments induced by necrotizing enterocolitis can be prevented by inhibiting microglia activation in mouse brain," *Science Translational Medicine* (2018).  
[stm.sciencemag.org/lookup/doi/ ... scitranslmed.aan0237](https://stm.sciencemag.org/lookup/doi/.../scitranslmed.aan0237)

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