

Inhaling hypertonic saline may aid infants with cystic fibrosis

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(HealthDay)—In infants with cystic fibrosis (CF), preventive inhalation

with hypertonic saline (HS) during the first months of life is safe and well tolerated and results in clinical improvements, according to a study recently published in the *American Journal of Respiratory and Critical Care Medicine*.

Mirjam Stahl, M.D., from the University of Heidelberg in Germany, and colleagues randomly assigned 42 infants (aged

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