

Inhaling hypertonic saline may aid infants with cystic fibrosis

December 14 2018



(HealthDay)—In infants with cystic fibrosis (CF), preventive inhalation

with hypertonic saline (HS) during the first months of life is safe and well tolerated and results in clinical improvements, according to a study recently published in the *American Journal of Respiratory and Critical Care Medicine*.

Mirjam Stahl, M.D., from the University of Heidelberg in Germany, and colleagues randomly assigned 42 infants (aged

Citation: Inhaling hypertonic saline may aid infants with cystic fibrosis (2018, December 14) retrieved 3 May 2024 from

<https://medicalxpress.com/news/2018-12-inhaling-hypertonic-saline-aid-infants.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.