

# Presence of antiphospholipid antibodies tied to first-time MI

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(HealthDay)—There is a strong and independent association between the

presence of antiphospholipid antibodies (aPLs) and first-time myocardial infarction (MI), according to a research letter published recently in the *Annals of Internal Medicine*.

Giorgia Grosso, M.D., from the Karolinska Institutet in Stockholm, and colleagues assessed the frequency of anti- $\beta_2$ -glycoprotein (anti- $\beta_2$ GPI) and anticardiolipin (anti-CL) of immunoglobulin G (IgG)/IgA/IgM isotypes and [antinuclear antibodies](#) among 805 patients with first-time MI (

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