

Hunting Ebola's origins

January 28 2019, by Genevieve Rajewski



A research team, including Jim Desmond and Jonathan Epstein, sample bats for Ebola in Liberia. “We are trying to prevent the next global pandemic,” said Desmond. Credit: EcoHealth Alliance

The outbreak of Ebola that started in 2013 in West Africa, infecting nearly 30,000 people and killing 11,000 before it ended in 2016, has long left scientists puzzling over a key question: Where did the virus

originate?

Now a consortium of scientists has found the Zaire strain of Ebola—one of six known types of the virus—in a cave-dwelling West African bat species, shedding light on the outbreak's possible origins.

The discovery was the result of research led by EcoHealth Alliance's Jonathan Epstein, V02, MG02, and Jim Desmond, V08, VG08, as part of the USAID-funded PREDICT project. During the 2013-16 eruption of Ebola, Zaire ebolavirus infected people in Liberia and the neighboring countries of Sierra Leone and Guinea, and the surprise epidemic snowballed to become the deadliest in history.

Tufts Now talked with Desmond, who trained and oversaw the bat-testing team on the ground in the Liberia, about how they finally found Zaire ebolavirus in an animal, and why such research is necessary to preventing future pandemics.

Tufts Now: Why have you been searching for Ebola and other viruses in wildlife?

Jim Desmond: We are trying to prevent the next global pandemic. The world has seen an increase in emerging [infectious diseases](#) over the last several decades. Seventy percent of these diseases are zoonotic—meaning they come from animals—and about 75 percent of those zoonotic disease originate in wildlife.

Doctors will always tell you that it's better to prevent disease than treat it once it has become severe. The work we do in PREDICT is disease prevention on a global scale—protecting against pandemics similar to how doctors approach disease prevention on an individual scale.

Human development increasingly is encroaching on wild areas, so humans now are coming into contact with animals they may have not come into contact with before. If we want to prevent outbreaks of Ebola, Marburg, SARS, and other diseases that jump to people from wildlife, it's important that we understand where and how these viruses circulate in nature, as well as what factors contribute to these spillover events. For example, if we had made this finding before the 2013-16 Ebola outbreak in West Africa, public-health authorities may have had the resources in place to better respond when it started.

What did it take to find this strain of Ebola in a bat?

When we first started this research, the goal was to sample many, many bats from a wide range of species. It's very challenging to find a virus circulating in a bat population—it's like finding a needle in a haystack.

We suspect they pass Ebola around among themselves, but that the virus may be seasonal and that infected animals do not shed the virus for very long. We think it's similar to that brief period where you are sick with a cold and coughing and sneezing. That period quickly passes, and you still "have a cold," but are not infecting others.

When we are out catching, testing, and releasing bats, we know the chances of finding Ebola is very small, so we need to sample many animals in hopes of catching the right bat at the right time. As we go to each location for few days for sampling, we need to get lucky to catch a bat at the exact moment it's carrying and shedding the virus.

What did you find?

We found about 20 percent of the genome for Ebola Zaire in an oral swab from a small, insect-eating species of bat called *Miniopterus*

inflatus, or the Greater long fingered bat. The same bat also had neutralizing antibodies indicating exposure to Ebola Zaire, which further strengthened the finding.

Of course, this finding, while exciting, is not definitive. We need to conduct more research to learn more about this specific bat species, as well as other species of bats that may co-roost with them. The PREDICT project ends this year, but we will apply for additional funding to continue our field work.

How does this new information help safeguard human health?

Some types of bats live in the eaves of houses and thatched roofs, but this bat species primarily live in caves and abandoned mine shafts. So the good news is that these bats are generally not coming in contact with humans, unless people go into those places.

That makes the take-home message pretty straightforward—avoid those types of areas and don't touch any bats. In West and Central Africa, where people eat bush meat, public-health officials also need to spread the word that people should not hunt or eat bats—that appears to be one of the biggest risk interfaces for an Ebola spillover event.

What else should the public know about bats?

When news like this comes out, a lot of times people's first reaction is to want to exterminate the bats. This is exactly the wrong thing to do, for many reasons. First off, if you go into a cave to try to kill a lot of bats, you're increasing your risk of exposure. Many bats also will disperse to new places, which increases the risk of spreading [disease](#). And finally, once humans leave that habitat, the bats will just come back and

repopulate the cave. Some studies have shown that when we try to eliminate what humans consider to be a pest animal species, it often just makes the situation worse later.

Bats are super important for the environment and the ecosystems we all share. Insect-eating bats like the species we found this Ebola strain in eat tons of insects—reducing the risk of other serious human diseases like malaria, dengue, and zika [virus](#). Fruit bats meanwhile are really critical for seed dispersal and pollination in both agriculture and nature.

Provided by Tufts University

Citation: Hunting Ebola's origins (2019, January 28) retrieved 20 April 2024 from <https://medicalxpress.com/news/2019-01-ebola.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.