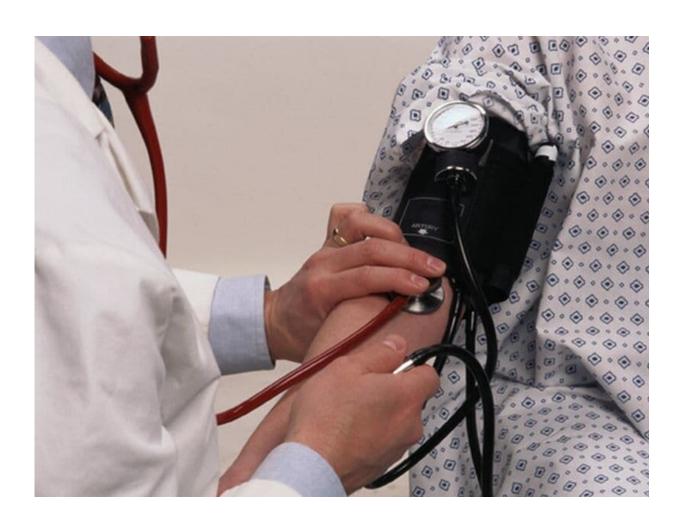


## Intensive BP treatment does not reduce dementia risk

January 29 2019



(HealthDay)—Treating systolic blood pressure (BP) to a goal of less than



120 mm Hg rather than 140 mm Hg does not result in a significant reduction in the risk for probable dementia, according to a study published online Jan. 28 in the *Journal of the American Medical Association*.

Jeff D. Williamson, M.D., M.H.S., from the Wake Forest School of Medicine in Winston-Salem, North Carolina, and <u>colleagues</u> randomly assigned <u>adults</u> aged 50 years or older with <u>hypertension</u> to a systolic BP goal of

Citation: Intensive BP treatment does not reduce dementia risk (2019, January 29) retrieved 6 May 2024 from <a href="https://medicalxpress.com/news/2019-01-intensive-bp-treatment-dementia.html">https://medicalxpress.com/news/2019-01-intensive-bp-treatment-dementia.html</a>

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