

Intensive BP treatment does not reduce dementia risk

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(HealthDay)—Treating systolic blood pressure (BP) to a goal of less than

120 mm Hg rather than 140 mm Hg does not result in a significant reduction in the risk for probable dementia, according to a study published online Jan. 28 in the *Journal of the American Medical Association*.

Jeff D. Williamson, M.D., M.H.S., from the Wake Forest School of Medicine in Winston-Salem, North Carolina, and [colleagues](#) randomly assigned [adults](#) aged 50 years or older with [hypertension](#) to a systolic BP goal of

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