

Australia failing to close the gap on injuries to Indigenous children, study finds

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Indigenous children are almost twice as likely as non-Indigenous children to suffer unintentional injury – and the situation hasn't improved for more than 15 years, a new study shows.

Indigenous children are almost twice as likely to be hospitalised for



unintentional injuries such as falls, burns and poisoning than non-Indigenous children, a new study shows.

The analysis also reveals that there has been no overall improvement in injury rates since 2003 and that the gap between Indigenous and non-Indigenous children remains significant.

Researchers from The George Institute for Global Health, UNSW Sydney and the University of Wollongong say the findings highlight the need for Aboriginal-led intervention programs.

The study, published in the *Australian and New Zealand Journal of Public Health*, analysed the records of almost 1 million children born in NSW hospitals between 2003-2007 and 2008-2012, of which around 3 percent identified as Indigenous.

Lead researcher Dr. Holger Möller says: "If you are an Aboriginal child you are much more likely to suffer an <u>unintentional injury</u> such as a burn, and this is despite nationwide safety campaigns and legislation. Children should not be turning up at our hospitals with preventable injuries and we need to recognise this inequality and put in place strategies that will start reducing this startling difference."

Key findings

- Researchers found Indigenous children were about 2.5 times more likely to have been treated for transport-related injuries and burns and had a three times greater risk of poisonings than non-Indigenous children. However, rates for these three types of injury did drop for both Indigenous and non-Indigenous children.
- The records of 915,525 children born in NSW hospitals 2003-2007 and 2008-2012 were analysed, of which 31,290 were Indigenous.



- Indigenous children had 1.7 times higher rates of unintentional injuries.
- Falls were the leading cause of injury in Indigenous children making up one third of all injuries.
- Rates of burns, poisonings and transport injuries did fall for Indigenous children from 2003 to 2012 by 30 percent, 23 percent and 30 percent respectively.
- The rates of Indigenous children being struck (for example by a falling object) rose by 29 percent.

Professor Rebecca Ivers, Head, School of Public Health and Community Medicine at UNSW Sydney, adds: "There were some positives in our findings, but the fact is the gap between Aboriginal and non-Aboriginal children remains the same. This demonstrates we need programs which are designed with, and led by, Aboriginal people and supported by governments.

"We need to create a society where all children have a safe environment to thrive in, so we need strategies that will address the wider social determinants of health and ensure Aboriginal families can access services and programs that could really make a difference."

Co-author Professor Kathleen Clapham, Murrawarri, Professor (Indigenous Health), Australian Health Services Research Institute (AHSRI), University of Wollongong, points out that very few culturally acceptable injury prevention programs have been developed or evaluated. "Aboriginal Community Controlled Organisations have an important role in helping reduce the risk of Aboriginal child injury because they engage with Aboriginal people within local community contexts and deliver holistic programs that address underlying health and social issues. There also needs to be much stronger leadership and coordination of child injury prevention from government and other agencies."



Provided by University of New South Wales

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