

# Therapy could improve and prolong sight in those suffering vision loss

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Millions of Americans are progressively losing their sight as cells in their eyes deteriorate, but a new therapy developed by researchers at the University of California, Berkeley, could help prolong useful vision and

delay total blindness.

The treatment—involving either a drug or gene therapy—works by reducing the noise generated by [nerve cells](#) in the eye, which can interfere with vision much the way tinnitus interferes with hearing. UC Berkeley neurobiologists have already shown that this approach improves vision in mice with a genetic condition, retinitis pigmentosa, that slowly leaves them blind.

Reducing this noise should bring images more sharply into view for people with retinitis pigmentosa and other types of retinal degeneration, including the most common form, age-related macular degeneration.

"This isn't a cure for these diseases, but a treatment that may help people see better. This won't put back the photoreceptors that have died, but maybe give people an extra few years of useful vision with the ones that are left," said neuroscientist Richard Kramer, a professor of molecular and cell biology at UC Berkeley. "It makes the retina work as well as it possibly can, given what it has to work with. You would maybe make low vision not quite so low."

Kramer's lab is testing drug candidates that already exist, he said, though no one suspected that these drugs might improve low vision. He anticipates that the new discovery will send drug developers back to the shelf to retest these drugs, which interfere with [cell receptors](#) for retinoic acid. Many such drug candidates were created by pharmaceutical companies in the failed hope that they would slow the development of cancer.

"There has been a lot of excitement about emerging technologies that address blinding diseases at the end stage, after all of the photoreceptors are lost, but the number of people who are candidates for such heroic measures is relatively small," Kramer said. "There are many more people

with impaired vision—people who have lost most, but not all, of their photoreceptors. They can't drive anymore, perhaps they can't read or recognize faces, all they have left is a blurry perception of the world. Our experiments introduce a new strategy for improving vision in these people."

Kramer and his UC Berkeley colleagues reported their results this week in the journal *Neuron*.

## 'Ringing in the eyes'

Researchers have known for years that the [retinal ganglion cells](#), the [cells](#) that connect directly with the vision center in the brain, generate lots of static as the light sensitive cells—the photoreceptors—begin to die. This happens in inherited diseases such as [retinitis pigmentosa](#), which afflicts about one in 4,000 people worldwide, but it may also occur in the much larger group of older people with [age-related macular degeneration](#), a disease that affects the crucial part of the retina needed for precise vision. The sharp edges of an image are drowned in such static, and the brain is unable to interpret what's seen.

Kramer focused on the role of retinoic acid after he heard that it was linked to other eye changes resulting from retinal degeneration. The dying photoreceptors—the rods, sensitive to dim light, and the cones, needed for color vision—are packed with proteins called opsins. Each opsin combines with a molecule of retinaldehyde, to form a light-sensitive protein called rhodopsin.

"There are 100 million rods in the human retina, and each rod has 100 million of these sensors, each one sequestering retinaldehyde," he said.

"When you start losing all those rods, all that retinaldehyde is now freely available to get turned into other things, including retinoic acid."

Kramer and his team found that retinoid acid—well-known as a signal for growth and development of embryos—floods the retina, stimulating the retinal ganglion cells to make more retinoic acid [receptors](#). It's these receptors that make ganglion cells hyperactive, creating a constant buzz of activity that submerges the visual scene and prevents the brain from picking out the signal from noise.

"When we inhibit the receptor for retinoic acid, we reverse the process and shut off the hyperactivity. People who are losing their hearing often get tinnitus, or ringing in the ears, which only makes matters worse. Our findings suggest that retinoic acid is doing something similar in retinal degeneration—essentially causing 'ringing in the eyes,'" Kramer said. "By inhibiting the retinoic acid receptor, we can decrease the noise and unmask the signal."

The researchers sought out drugs known to block the receptor and showed that treated mice could see better, behaving much like mice with normal vision. They also tried gene therapy, inserting into ganglion cells a gene for a defective retinoic acid receptor. When expressed, the defective receptor bullied out the normal receptor in the cells and quieted their hyperactivity. Mice treated with [gene therapy](#) also behaved more like normal, sighted mice.

Ongoing experiments suggest that the brain, too, responds differently once the receptor is blocked, showing activity closer to normal.

While Kramer continues experiments to determine how [retinoic acid](#) makes the ganglion cells become hyperactive and how effective the inhibitors are at various stages of retinal degeneration, he is hopeful that the research community will join the effort to repurpose drugs originally developed for cancer into therapies for improving human [vision](#).

**More information:** Michael Telias et al, Retinoic Acid Induces

Hyperactivity, and Blocking Its Receptor Unmasks Light Responses and Augments Vision in Retinal Degeneration, *Neuron* (2019). DOI: [10.1016/j.neuron.2019.02.015](https://doi.org/10.1016/j.neuron.2019.02.015)

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