

Domestic responsibilities tied to physician mothers' satisfaction

April 11 2019



(HealthDay)—For physician mothers in procedural specialties, being

responsible for five or more domestic tasks is associated with an increased likelihood of career dissatisfaction, according to a study published online April 10 in *JAMA Surgery*.

Heather G. Lyu, M.D., from Brigham and Women's Hospital in Boston, and colleagues gathered data from an [online survey](#) of 1,712 attending physician [mothers](#) to examine the correlation between increased domestic workload and career dissatisfaction among proceduralists and nonproceduralists.

Overall, 99.2 percent of the respondents were partnered or married; 27 percent of them were in procedural specialties. The researchers found that respondents reported having sole responsibility for most domestic tasks, with no significant differences between the procedural and nonprocedural groups. Compared with physician mothers in procedural specialties primarily responsible for fewer than five domestic tasks, those responsible for five or more tasks more often reported a desire to change careers (55 versus 42.1 percent; P

"Overall, physician mothers continue to carry more domestic responsibility than their spouses or partners, even when they are both physicians," the authors write. "More equitable distribution and/or outsourcing of domestic tasks should be considered to sustain [physician mothers](#) in procedural and surgical specialties."

More information: [Abstract/Full Text \(subscription or payment may be required\)](#)

[Editorial \(subscription or payment may be required\)](#)

Copyright © 2019 [HealthDay](#). All rights reserved.

Citation: Domestic responsibilities tied to physician mothers' satisfaction (2019, April 11)

retrieved 25 April 2024 from

<https://medicalxpress.com/news/2019-04-domestic-responsibilities-tied-physician-mothers.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.