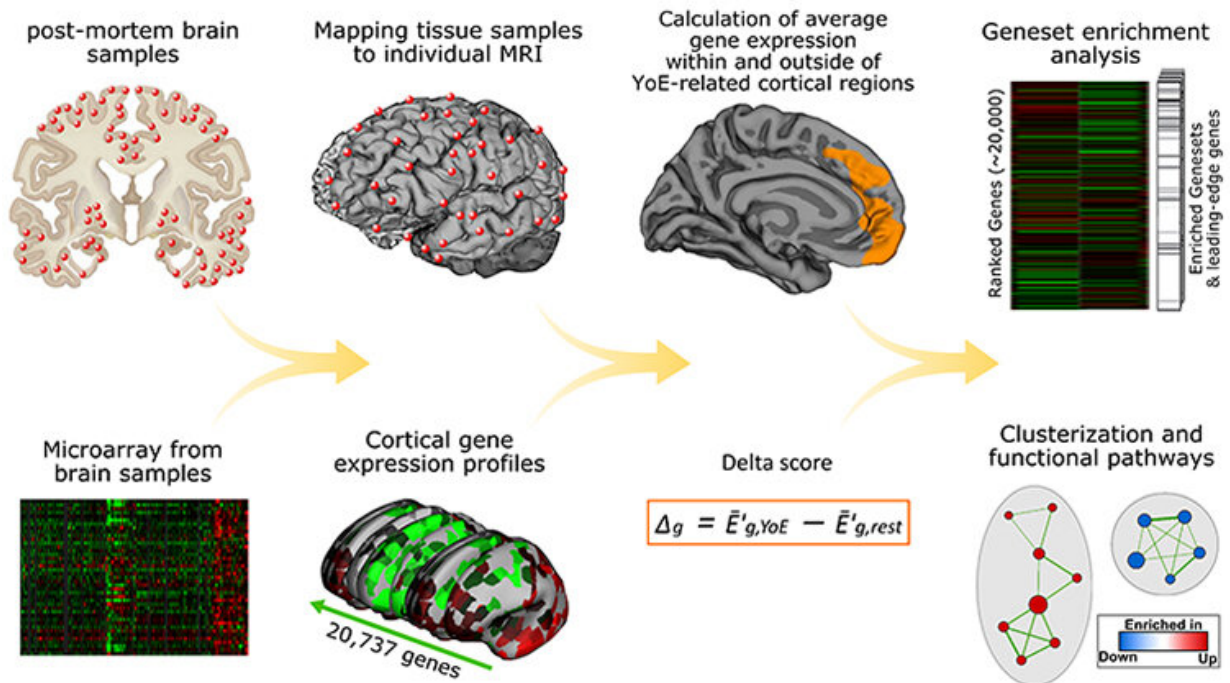


# How education may stave off cognitive decline

April 8 2019



Outline of the processing of gene expression data from regional probe level to enrichment map for the identification of functionally coherent clusters of gene sets. Credit: Bartrés-Faz et al., *JNeurosci* (2019)

Prefrontal brain regions linked to higher educational attainment are characterized by increased expression of genes involved in neurotransmission and immunity, finds a study of healthy older adults published in *JNeurosci*. The identified genes and molecular pathways

could provide insight into factors that help keep the brain sharp in old age.

In their study of 122 Spanish adults, David Bartrés-Faz (University of Barcelona), Michel Grothe (German Center for Neurodegenerative Diseases), and colleagues found the medial prefrontal, anterior cingulate, and orbitofrontal cortices—brain regions important for working memory and decision-making—were thicker in individuals who completed 15 years of formal education compared to individuals with fewer years of education.

The researchers used data from the Allen Institute Human Brain Atlas to identify enhanced gene expression profiles in these [brain regions](#) that promote [information processing](#) and clearance of neuronal debris related to [neurodegenerative diseases](#).

In addition to confirming previous associations between educational attainment and cortical thickness, these results provide a direction for future molecular studies of brain health in the elderly.

**More information:** Characterizing the molecular architecture of cortical regions associated with high educational attainment in older individuals, *JNeurosci* (2019). [DOI: 10.1523/JNEUROSCI.2370-18.2019](#)

Provided by Society for Neuroscience

Citation: How education may stave off cognitive decline (2019, April 8) retrieved 21 March 2023 from <https://medicalxpress.com/news/2019-04-stave-cognitive-decline.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private

study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.