

# Quitting smoking while pregnant tied to reduced risk for preterm birth

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(HealthDay)—Quitting smoking, especially early in pregnancy, is

associated with a reduced risk for preterm birth, even for high-frequency cigarette smokers, according to a study published online April 19 in *JAMA Network Open*.

Samir Soneji, Ph.D., from the Dartmouth Geisel School of Medicine in Lebanon, New Hampshire, and Hiram Beltrán-Sánchez, Ph.D., from the University of California in Los Angeles, analyzed information on 25,233,503 [expectant mothers](#) who delivered live neonates and had known pre-pregnancy and trimester-specific cigarette smoking frequency. The authors sought to examine the correlation between the probability of preterm birth (

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