

Psoriasis symptoms, quality of life tied to disease severity

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(HealthDay)—Patient-reported symptoms of psoriasis, quality of life,

and work productivity worsen with increasing disease severity, as measured by two established clinician assessment tools, according to a study published online April 20 in *BMJ Open*.

Bruce Strober, M.D., Ph.D., from the University of Connecticut Health Center in Farmington, and colleagues examined the association between psoriasis severity, assessed by body surface area (BSA) and the Investigator's Global Assessment (IGA), and patient-reported outcomes among 1,529 [adult patients](#) with psoriasis in the Corrona Psoriasis Registry. Patients were being treated with biological or nonbiological systemic psoriasis medications in a real-world setting. Previously, the IGA has only been used in [clinical trials](#).

The researchers found that with more severe psoriasis, symptoms worsened, Dermatology Life Quality Index scores increased ("P work hours affected" (both P

"Increased psoriasis severity as measured by both BSA and IGA categories was associated with worsened patient-reported outcomes in this USA-based psoriasis registry study," the authors write.

Several authors disclosed financial ties to pharmaceutical companies, including Corrona and Novartis, which funded the study.

More information: [Abstract/Full Text](#)

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