

New research finds increased CT use for suspected urolithiasis patients in ED

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A new study performed in conjunction with the Harvey L. Neiman Health Policy Institute examines changing characteristics of utilization and potential disparities in US emergency department (ED) patients undergoing CT of the abdomen and pelvis (CTAP) for suspected urolithiasis. The study is published online in the *Journal of American College of Radiology (JACR)*.

Dr. Balthazar and team used the Nationwide Emergency Department Sample, which is the largest publicly available all-payer ED database in the United States to study [patients](#) from 2006 to 2015 with a primary diagnosis of suspected urolithiasis. The annual numbers of ED visits for suspected urolithiasis and associated CTAP examinations per visit were determined along with patient demographics, payer status and hospital characteristics as potential independent predictors of utilization.

"Overall, CT utilization rates in the ED continue to increase over time despite government and medical specialty organization initiatives to restrain the growth of advanced imaging services," stated first author Patricia Balthazar, MD, diagnostic radiology resident, Emory University. "Although the US population grew by 6.9% from 2006 to 2014, the annual ED visits for suspected urolithiasis increased by 17.9%, and the number of visits for suspected urolithiasis involving advanced imaging increased by 100.8%."

"The relative use of CTAP in ED patients presenting with suspected urolithiasis doubled between 2006 and 2014 and showed marked

geographic variation," noted Richard Duszak, MD, senior author and Neiman Institute Affiliate Senior Research Fellow. "Among ED patients with suspected urolithiasis, CTAP was more frequent in patients from higher household income ZIP codes, with [private insurance](#), in the Northeast, and at urban and nonteaching hospitals."

These findings provide [important information](#) to practicing clinicians, researchers, and policymakers interested in optimizing the use of advanced medical imaging in the ED.

Provided by Harvey L. Neiman Health Policy Institute

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