

# Treating type 2 diabetes and heart failure

June 6 2019

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People with type 2 diabetes are at an increased risk for heart failure and many people have both diseases, which requires careful medical management.

A scientific statement from the American Heart Association and the

Heart Failure Society of America brings the management of both diabetes and [heart failure](#) into one document and describes new approaches to medications, lifestyle modifications as well as highlighting the importance of multi-disciplinary care that includes physicians, nurses, registered dietitians, social workers and other allied professionals.

The statement is published in the American Heart Association journal *Circulation*.

**More information:** Shannon M. Dunlay et al, Type 2 Diabetes Mellitus and Heart Failure: A Scientific Statement From the American Heart Association and the Heart Failure Society of America, *Circulation* (2019). [DOI: 10.1161/CIR.0000000000000691](https://doi.org/10.1161/CIR.0000000000000691)

Provided by American Heart Association

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