

# Adults with type 2 diabetes face high risk of dying from cancer

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Cancer has overtaken cardiovascular disease as the most common cause of death in Scottish adults with type 2 diabetes, according to a study published in the *Journal of Diabetes Investigation*.

Investigators examined the causes of death of people with type 2 diabetes in Ayrshire and Arran, Scotland between 2009 and 2014 and compared them with national mortality rates. The most common cause of death was cancer (27.8%) followed by heart disease (24.1%).

The study's results confirmed an increased risk of early death in individuals with type 2 diabetes compared with the [general population](#), and they suggested that where cardiovascular risk factors are being treated aggressively, cancer takes on a greater importance in the cause of death.

**More information:** Andrew Collier et al, Cancer has overtaken cardiovascular disease as the commonest cause of death in Scottish type 2 diabetes: a population based study (The Ayrshire Diabetes Follow-up Cohort study), *Journal of Diabetes Investigation* (2019). [DOI: 10.1111/jdi.13067](#)

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