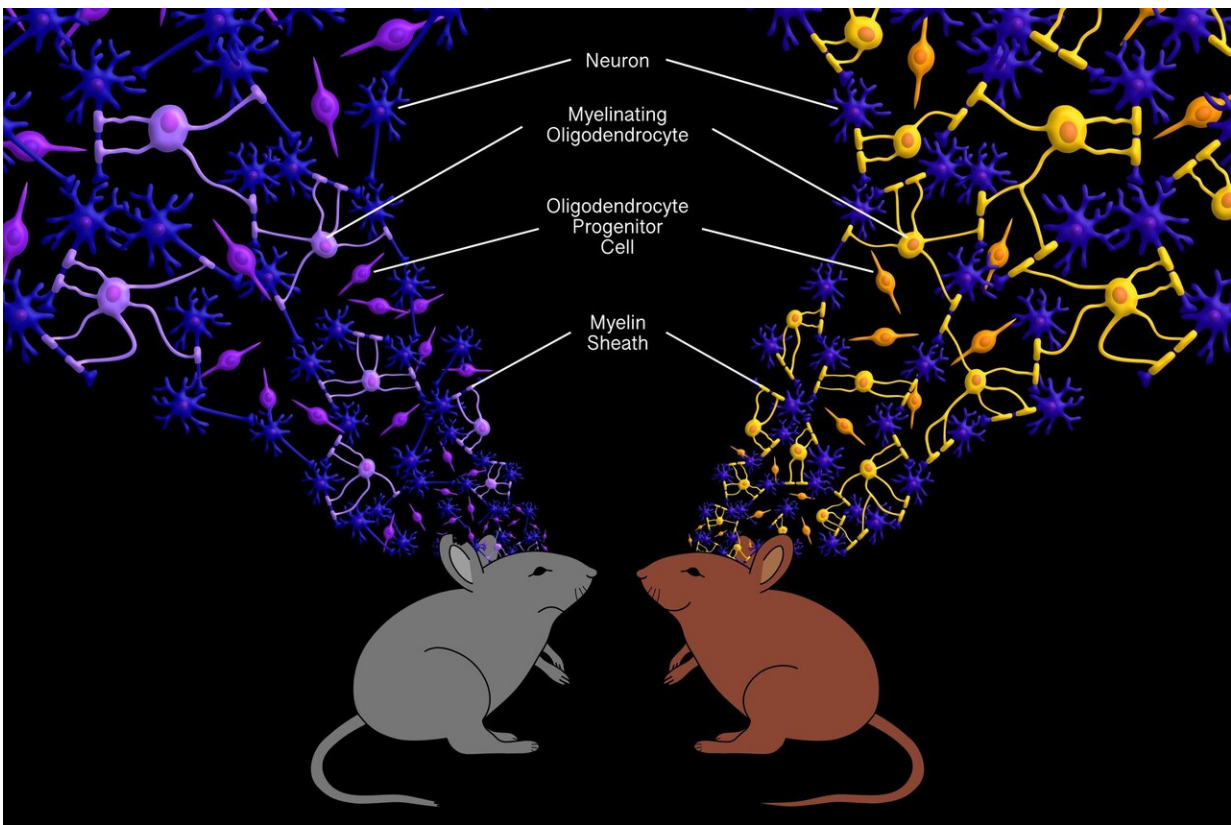


Researchers identify glial cells as critical players in brain's response to social stress

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The mouse on the left (gray) displays signs of depressive behavior in response to negative social encounters, while the mouse on the right (brown) retains an overall healthy behavior, despite being exposed to the same adverse situation. The divergent behavioral responses were attributed to differences in the oligodendrocyte lineage cells in specialized brain regions. The analysis of the brain of the susceptible mice revealed fewer myelinating oligodendrocytes (purple) and shorter myelinated segments on neurons (blue), while the brain of the resilient mice revealed the presence of a larger number of myelinating

oligodendrocytes and longer myelinated segments (orange). Credit: Carter Van Eitrem

Exposure to violence, social conflict, and other stressors increase risk for psychiatric conditions such as depression and post-traumatic stress disorder. Not everyone who experiences significant stress will develop such a response, however, and the cellular and molecular basis for an individual's underlying resilience or susceptibility to stressful events has remained poorly understood. Now, a newly published paper in the journal *eLife* from researchers at the Advanced Science Research Center (ASRC) at The Graduate Center, CUNY suggests that the behavior of oligodendrocytes—the glial cells that produce the myelin sheath that protects nerve fibers—plays a critical role in determining whether we succumb to or tolerate stress.

"Through our study, we were able to identify brain-region-specific differences in the number of mature oligodendrocytes and in the content of myelin between two groups of [mice](#) who were categorized based on their resilience or susceptibility to an identical social-defeat stressor," said the paper's corresponding author Jia Liu, a research associate professor with the ASRC's Neuroscience Initiative. "After repeated exposure to an aggressive mouse, some animals, called "susceptible," avoided any sort of social interaction with their peers, while others remained resilient and continued to be socially engaged."

In follow-up brain tissue analysis, the research team detected fewer mature oligodendrocytes and irregular myelin coverage in the [medial prefrontal cortex](#)—a brain region that plays a critical role in emotional and cognitive processing—in the susceptible mice. In contrast, healthy numbers of oligodendrocytes and myelin were detected in resilient mice.

Methodology

For the study, researchers exposed test mice to an aggressor for five minutes daily over 10 days. Following this period, the mice were placed in the presence of unfamiliar mouse and categorized either as susceptible if they showed signs of social withdrawal or resilient if they still showed interest in socializing with the new mouse—a [social behavior](#) that is typically detected in normal mice.

Researchers next sought to determine if there were myelination differences between susceptible and resilient mice. They looked at two areas of the brain that are known to play a critical role in determining the individual's response to stress. In one of those areas—the medial prefrontal cortex—they found that the myelinated segments of nerve fiber in susceptible mice were shorter in length and thinner than typical. They did not find this condition in the resilient or control mice groups. They also investigated the state of each mouse group's [glial cells](#), and discovered that in susceptible mice fewer of these cells had differentiated into myelin-producing oligodendrocytes.

In a final experiment, researchers found that induced damage to the myelin in the medial prefrontal cortex caused altered social behavior in mice, but the behavior returned to normal when new [myelin](#) was formed.

"Dr. Liu's research has highlighted the importance of stressful social events in changing the epigenetic code of [oligodendrocyte](#) progenitors, which may account for the increased susceptibility to developing chronic psychiatric disorders in some individuals," said Patrizia Casaccia, founding director of the ASRC Neuroscience Initiative. "Her data suggest that oligodendrocyte progenitor differentiation can be affected by emotional and psychological events, and this provides a new concept for preventing and treating depression. Current treatments target neuronal function, but Dr. Liu's work identifies potential new therapy

targets as it suggests glial cell dysfunction could be a cause of stress-related mental disorders."

More information: Valentina Bonnefil et al, Region-specific myelin differences define behavioral consequences of chronic social defeat stress in mice, *eLife* (2019). [DOI: 10.7554/eLife.40855](https://doi.org/10.7554/eLife.40855)

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