

PrEParing family planning clinics in Kenya to prevent new HIV infections

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In a new research paper published in the open access journal *PLOS Medicine*, Kenneth Mugwanya and co-authors report on a study aiming to investigate the feasibility of providing antiretroviral drugs via family planning clinics to prevent HIV infection in young women. Credit: USAFRICOM, Flickr, CC BY

In sub-Saharan Africa, many young women and adolescent girls are at high risk of HIV infection. In a new research paper published in the open access journal *PLOS Medicine*, Kenneth Mugwanya and co-authors report on a study aiming to investigate the feasibility of providing antiretroviral drugs via family planning clinics to prevent HIV infection in young women.

Pre-exposure prophylaxis (PrEP) is a method for preventing HIV infection that involves providing [antiretroviral drugs](#) in pill form, and this approach has been successfully used in men who have sex with men. In Africa and elsewhere, preventing new HIV infections in other high-risk population groups, including women and girls, is a priority, and PrEP is one promising method that is undergoing evaluation.

In Mugwanya and colleagues' study, 1271 women (approximately half

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