

Research supports expanding insurance coverage of non-invasive prenatal testing

October 8 2019, by Sara Knuth

Evaluation of Coverage Expansion for Non-Invasive Prenatal Testing Through a Performance-Based Risk Sharing Agreement

R. Brett McQueen, PhD; Brock Schroeder, PhD; Garth Wright, MS; Jane Barlow, MD; Michael Sherman, MD

Key Finding: NIPT coverage expansion to women under 35 years of age was associated with an increase in NIPT utilization, a decrease in total testing and diagnostic utilization, and a decrease in invasive procedures over the baseline year

Objective

- To estimate the impact of coverage expansion to women under 35 years old on screening utilization, clinical utility, and overall screening program costs

Background

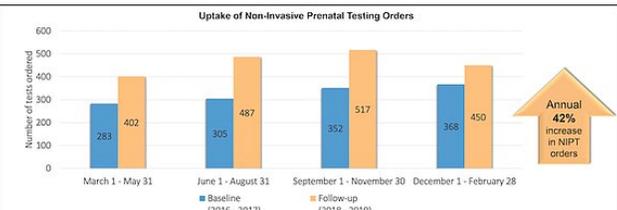
- illumina and Harvard Pilgrim HealthCare (HPHC) entered into a performance-based risk sharing agreement to expand coverage for cell-free DNA non-invasive prenatal testing (NIPT) to women under 35 years old
- Traditional serum biochemical and nuchal translucency screening approaches are limited by poor positive predictive values and specificity, potentially leading to unnecessary invasive procedures as compared to NIPT

Methods

- Using HPHC claims, we identified women under age 35 years with at least one pregnancy-related diagnostic or procedure code from March 1, 2016 to February 28, 2017 (the baseline year) and from March 1, 2018 to February 28, 2019 (the post-coverage expansion year)
- We estimated total NIPT orders, all maternal trisomy screening, diagnostic testing, and invasive procedures (i.e., amniocentesis, chorionic villus sampling) and compared percentage change estimates between baseline and post-expansion year, after adjusting for number of unique pregnancies (i.e., comparing the same number of pregnancies during both time periods)

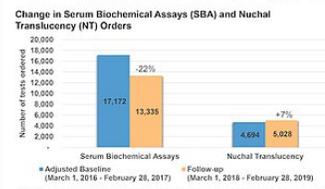
Results

Uptake of Non-Invasive Prenatal Testing Orders



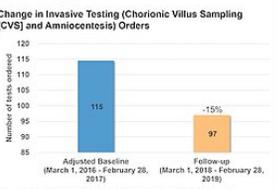
Quarter	Baseline (2016-2017)	Follow-up (2018-2019)
March 1 - May 31	283	402
June 1 - August 31	305	487
September 1 - November 30	352	517
December 1 - February 28	368	450

Change in Serum Biochemical Assays (SBA) and Nuchal Translucency (NT) Orders



Order Type	Adjusted Baseline (March 1, 2016 - February 28, 2017)	Follow-up (March 1, 2018 - February 28, 2019)	% Change
Serum Biochemical Assays	17,172	13,338	-22%
Nuchal Translucency	4,694	5,028	+7%

Change in Invasive Testing (Chorionic Villus Sampling [CVS] and Amniocentesis) Orders



Order Type	Adjusted Baseline (March 1, 2016 - February 28, 2017)	Follow-up (March 1, 2018 - February 28, 2019)	% Change
Invasive Testing	115	97	-15%

Quarterly NIPT orders during a follow-up post-coverage expansion (March 1, 2018 - February 28, 2019) are compared to the baseline year (March 1, 2016 - February 28, 2017) after adjusting for number of pregnancies. N = 12,927 unique pregnancies in baseline year and 7,149 in follow-up year. Analyses reflect all NIPT testing, regardless if performed as primary screening test or if contingent on an SBA result.

Conclusions

- Compared to the baseline year, NIPT coverage expansion for women under age 35 years old was associated with:
 - An increase in NIPT utilization
 - A decrease in total testing (-13% not shown in figures) and diagnostic procedures
 - A decrease in invasive procedures
- Given claims data are not linked with electronic medical records, we were not able to categorize subsequent patient health care utilization for given test findings

Implications

- After adjusting for the same number of pregnancies, coverage expansion of NIPT was associated with decreases in invasive procedures
- Results provide evidence to support expansion of NIPT coverage to women under age 35 years old
- Leveraging real-world data shows promise for assessing health benefit expansions
- Evaluation of the economic impact of the coverage change is ongoing
- Future studies should assess the causal impact of coverage expansion

Disclosures This study was funded by Real Endpoints and illumina, data was provided by HPHC

The Evaluation of Coverage Expansion for Non-Invasive Prenatal Testing Through a Performance-Based Risk Sharing Agreement. Credit: CU Anschutz Medical Campus

Research conducted by the University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences provides evidence to support expansion of insurance plan coverage of noninvasive prenatal testing (NIPT), a simple maternal blood draw which screens for fetal

chromosomal disorders including trisomy 13 (Patau syndrome), trisomy 18 (Edwards syndrome), and trisomy 21 (Down syndrome), to women under the age of 35.

The research represents a first-of-its-kind published analysis of results from a risk-sharing agreement between biotechnology company Illumina, Inc. and insurer Harvard Pilgrim Health Care to expand coverage of NIPT to pregnant [women](#) less than 35 years of age. CU Pharmacy assistant professor Brett McQueen, Ph.D., is conducting the research in partnership with advisory firm Real Endpoints to evaluate the impacts of the agreement.

As part of the agreement, Harvard Pilgrim Health Care expanded coverage of NIPT to include pregnant women under the age of 35 who are covered by Harvard Pilgrim's [health plan](#). Real Endpoints brought Illumina and Harvard Pilgrim together, helped negotiate the contract between them, and recruited CU Pharmacy to analyze the data.

A CU Pharmacy analysis of health care data during the course of one year showed—for women under age 35—a 42 percent increase in NIPT tests ordered and a 15 percent decrease in invasive diagnostic tests (chorionic villus sampling and amniocentesis) for trisomy syndromes when health insurer Harvard Pilgrim Health Care expanded NIPT coverage to all [pregnant women](#).

NIPT is a more accurate alternative to other more widely used trisomy screening tests, including nuchal translucency and serum biochemical assays. NIPT's detection rate for [trisomy](#) syndromes is more than 99 percent, according to the American College of Obstetricians and Gynecologists.

Poor positive predictive values associated with nuchal translucency and serum biochemical assays can have consequences, potentially leading to

invasive procedures that increase the risk of miscarriage. Despite data that support the effectiveness of NIPT, some insurers only cover the testing only for women over the age of 35, and those with high-risk pregnancies.

McQueen presented the results Oct. 4 at the Annual Meeting of the American College of Obstetricians and Gynecologists Districts V, VIII and IX in Maui, Hawaii.

Provided by CU Anschutz Medical Campus

Citation: Research supports expanding insurance coverage of non-invasive prenatal testing (2019, October 8) retrieved 4 May 2024 from <https://medicalxpress.com/news/2019-10-coverage-non-invasive-prenatal.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.