

Older adults need more help navigating health care system

October 4 2019



(HealthDay)—More than half of older nonretired adults need help

understanding their health insurance benefits, according to a survey conducted by The Harris Poll on behalf of Anthem Inc. and the National Association of Area Agencies on Aging (n4a).

The [online survey](#) was conducted from Nov. 8 to 18, 2018, and included 1,038 U.S. adults aged ≥ 60 years. A complementary online survey of caregivers was conducted from Dec. 18 to 20, 2018, and included 2,018 U.S. adults, of whom 770 provide support or counsel related to health care decisions to someone who is currently eligible for Medicare (aged ≥ 65 years or

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