

Nearly half of people who regularly consume ecstasy have tested their drugs

October 16 2019



Credit: CC0 Public Domain

The Drug Trends program at the National Drug and Alcohol Research Centre (NDARC) at UNSW Sydney, has surveyed people who regularly use illicit drugs about drug checking (often referred to as pill testing) the

contents of their illicit drugs, and their illicit drug use at Australian music festivals.

More than four in 10 people interviewed who regularly use ecstasy (45 percent) and one in 10 people interviewed who regularly inject drugs (11 percent) have ever tested their drugs, mostly by using personal testing kits (e.g., reagent kits).

"These findings reinforce previous research that people who use illicit drugs want information about the content of their substances," said Program Lead, Dr. Amy Peacock.

"However, qualitative information obtained from personal test kits, like the presence or absence of a drug, is limited. Information about the range of substances contained and the dose is necessary to inform harm reduction behaviors to reduce risks from high-dose MDMA or adulterants."

Among people who regularly use ecstasy, 68 percent had attended a music festival in the last year. Nearly all (93 percent) of people sampled who had regularly used ecstasy in the past six months and had also been to festival reported using [illicit drugs](#) at the last festival they attended.

"It is important to note that these findings are from a sample of people who regularly use ecstasy, and do not represent all music festival attendees," said Dr. Peacock.

"Most of the people we sampled who had attended a [festival](#) were aware of on-site medical services, and also of policing and security initiatives like bag checking and patrolling police. Smaller numbers were aware of drug information and harm reduction services."

"Music festivals represent a unique setting to engage with people who

may not otherwise come into contact with services offering harm reduction information about illicit drug use. There is an opportunity to increase access to, and awareness of, these services at festivals."

The Drug Trends program conducts annual interviews with people who regularly use ecstasy and other stimulants (Ecstasy and related Drugs Reporting System; EDRS) and people who regularly inject drugs (Illicit Drug Reporting System; IDRS).

"NDARC has coordinated the Drug Trends program since 1996 and its ongoing monitoring systems are key to identifying emerging problems in [substance use](#) in Australia," said Dr. Peacock.

"The program also represents a unique opportunity to gather information about current issues such as drug checking and [illicit drug use](#) and awareness of safety initiatives at music festivals."

Ecstasy and Related Drugs Reporting System (EDRS)

The 2019 EDRS interviewed 797 people who regularly use ecstasy and other stimulants, recruited from all capital cities of Australia. Participants were predominantly young males who have completed a post-school qualification.

Dr. Peacock said key findings from the 2019 EDRS show a significant increase in the use of cocaine and ketamine among the sample relative to 2018.

"The largest percentage of participants since the commencement of monitoring reported recent use of cocaine (67 percent) and more than two in five people (41 percent) reported recent use of ketamine. However, most people in this sample who had used these substances reported infrequent use in the last six months," said Dr. Peacock.

Illicit Drug Reporting System (IDRS)

The 2019 IDRS interviewed 902 people who regularly inject drugs, recruited from all capital cities of Australia. Participants were predominantly male with a mean age of 44.

"Major findings from the 2019 IDRS report include an increase in the percentage who reported being trained in how to administer naloxone, a [drug](#) available over-the-counter in pharmacies that can be used to reverse opioid overdose," said Dr. Peacock.

"Three in 10 participants had been trained in administering naloxone, and nearly one in 20 participants had been resuscitated by someone who had participated in naloxone training.

"This is a positive sign, but also highlights the opportunity to increase this percentage further, and make sure people who are at risk of having or witnessing an overdose have access to naloxone."

Crystal methamphetamine use, routes of administration and use of commercial ball pipes among people who inject drugs in Australia

Of the 2019 IDRS sample, 19 percent of participants who had smoked crystal methamphetamine in the past six months had difficulty accessing a commercial ball pipe. Of these people, 63 percent had injected instead and 44 percent used a homemade pipe.

"Difficulties accessing commercial ball pipes lead to greater frequency of injection and use of homemade pipes among this sample," said Dr. Peacock.

"The use of homemade pipes can result in various harms including cuts, burns, blisters and open sores inside the mouth."

Provided by National Drug and Alcohol Research Centre (NDARC)

Citation: Nearly half of people who regularly consume ecstasy have tested their drugs (2019, October 16) retrieved 20 April 2024 from <https://medicalxpress.com/news/2019-10-people-regularly-consume-ecstasy-drugs.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.