

More teens learning to drive in safer conditions

October 24 2019



Could America's roads become safer in the future?

Maybe.

A new online survey involving just over 1,400 participants showed that a growing number of American teens are getting their driver's [license](#) before age 18, which means more of them are learning to drive under supervised conditions.

The AAA Foundation for Traffic Safety study released Oct. 21 surveyed teens and [young adults](#) aged 18 to 24 to determine when they got their license. The questionnaire was administered over this past summer.

The researchers found that nearly 41% of survey participants got their license at or before age 16, and about 60% did so before age 18, an 11% increase since 2012.

"The trend for teens to acquire their driver's license has changed over the past 10 years," said David Yang, executive director of the AAA Foundation for Traffic Safety.

"Many are getting licensed before the age of 18, which means more of Generation Z is learning to drive under the protection of state graduated-driver licensing programs and parental supervision," Yang added in a foundation news release.

In 2012, the United States was just emerging from a recession and many [young people](#) said they'd delayed getting their license because their family couldn't afford the high cost of having an additional driver, the researchers noted.

The new study also found that nearly two-thirds of respondents in less urbanized areas got their license before age 18, compared with nearly half of teens in large cities.

Participants in the Midwest tended to be licensed at younger ages—55% at or before age 16 and 70% before age 18. Only about 32% of those in the West and 22% of those in the Northeast got their license at or before age 16, while 56% of those in the Northeast and 48% of those in the West did so before age 18, the findings showed.

"The fact that more teens are starting to drive at an age when they can gradually learn the [necessary skills](#) to be safe behind the wheel is great news for all [drivers](#)," said Jennifer Ryan, AAA director of state relations.

"Past trends of waiting until you turn 18 to be licensed was a cause for concern. Many of these young drivers were getting behind the wheel with minimal knowledge or support, putting themselves and others at risk," Ryan explained.

Previous AAA Foundation research found that for every mile driven, new [teen](#) drivers aged 16 to 17 are three times more likely than adults to be involved in a deadly crash.

More information: For more on teen driving, go to the [U.S. National Highway Traffic Safety Administration](#).

Copyright © 2019 [HealthDay](#). All rights reserved.

Citation: More teens learning to drive in safer conditions (2019, October 24) retrieved 6 May 2024 from <https://medicalxpress.com/news/2019-10-teens-safer-conditions.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--