

## U.S. adults with ASCVD report skipping meds due to costs

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(HealthDay)—More than 12 percent of patients with atherosclerotic

cardiovascular disease (ASCVD) report nonadherence to medications due to costs, according to a study published online Nov. 25 in *Circulation*.

Rohan Khera, M.D., from the University of Texas Southwestern Medical Center in Dallas, and colleagues identified individuals aged  $\geq 18$  years with a reported history of ASCVD from the U.S. National Health Interview Survey (2013 to 2017). Participants who skipped doses to save money, took less [medication](#) to save money, or delayed filling a prescription to save [money](#) in the preceding 12 months were considered to have experienced cost-related nonadherence (CRN).

The researchers found that a weighted 12.6 percent of the 14,279 surveyed individuals with ASCVD experienced CRN, including 8.6, 8.8, and 10.5 percent missing doses, taking lower than prescribed doses, and intentionally delaying a medication to save costs, respectively. Independent associations with CRN were seen for age

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