

## **Collective memory shapes the construction of personal memories**

December 16 2019



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For sociologists, individual memories are shaped by the collective memory of the community. Until now, this phenomenon had never been studied at the neurobiological level. Inserm researchers Pierre Gagnepain



and Francis Eustache have studied the collective representations of World War II in France using brain imaging to show how collective memory shapes individual memory. Their findings have been published in *Nature Human Behavior*.

In the last century, French sociologist Maurice Halbwachs declared that personal memories are influenced by their social contexts. From this perspective, the <u>memory</u> function of individuals cannot be understood without taking into account the group to which they belong and the social contexts related to collective memory.

Until now, these theories had never been tested by neuroscientists. Inserm researchers Pierre Gagnepain and Francis Eustache, in association with their colleagues from the Matrice project led by CNRS historian Denis Peschanski took a closer look using brain imaging techniques. For the first time, they have shown in the brain the link between collective memory and personal memories. Their <u>innovative</u> <u>research</u> has been published in *Nature Human Behaviour*.

Collective memory is composed of symbols, accounts, narratives and images that construct a community identity. To investigate this concept further, the researchers began by analyzing the media coverage of WWII in order to identify the shared collective representations associated with it. They studied the content of 30 years of WWII reports and documentaries broadcast and transcribed on French television between 1980 and 2010.

Using an algorithm, they analyzed this unprecedented corpus and identified groups of words regularly used when discussing major themes associated with the collective memory of WWII, such as the D-Day Landings. "Our algorithm automatically identified the central themes and the words repeatedly associated with them, thereby revealing our collective representations of this crucial period in our history," says



Gagnepain.

## Visiting the Caen Memorial Museum

But what is the link between these collective representations of the war and individual memory? To answer that question, the researchers recruited 24 volunteers to visit the Caen Memorial Museum and asked them to view photos from that period, which were accompanied by captions.

Based on the words contained in the captions, the team was able to define the degree of association between the photos and the various themes identified previously.

If words that had previously been associated with the theme of the D-Day landings were found in the caption, for example, the photo was then considered to be linked to this theme, as well. In this way, the researchers were able to establish proximity between each of the images: When two photos were linked to the same themes, they were considered to be "close" in collective memory.

Gagnepain and his colleagues then turned their attention to the perception of these photos in the memory of the individuals. They tried to find out whether the same degree of proximity between the photos was perceived in individual memories. The volunteers underwent an MRI examination during which they were asked to recall the images seen at the Memorial Museum the day before. The researchers were especially interested in the activity of their median prefrontal cortex, a brain region linked to social cognition.

The researchers thus compared the level of proximity between the photos by looking at the collective representations of WWII in the media and, via brain imaging, by looking at the individual memories that people



had of these images following a visit to the Memorial Museum. The team showed that when photo A was considered close to photo B—because it was linked in the same way to the same collective theme—it also had a higher probability of triggering <u>brain</u> activity similar to photo B in the brains of the subjects.

This novel approach enabled indirect comparison between collective memory and individual memory. "Our data demonstrate that <u>collective</u> <u>memory</u>, which exists beyond the individual level, organizes and shapes personal memory. It constitutes a shared mental model making it possible to link the memories of individuals across time and space," says Gagnepain.

Other research is ongoing in order to deepen our understanding of the interaction between collective and individual memory. Nevertheless, one lesson can already be learned from this study: the functioning of our memories cannot be researched without taking into account the social and cultural context within which we evolve as individuals.

**More information:** Collective memory shapes the organization of individual memories in the medial prefrontal cortex, *Nature Human Behaviour* (2019). DOI: 10.1038/s41562-019-0779-z, nature.com/articles/s41562-019-0779-z

## Provided by Institut National de la Sante et de la Recherche Medicale

Citation: Collective memory shapes the construction of personal memories (2019, December 16) retrieved 8 May 2024 from https://medicalxpress.com/news/2019-12-memory-personal-memories.html

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