

# Studies examine potential link between traffic-related air pollution and obesity in Mexican-Americans

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Exposure to traffic pollution was associated with a higher risk of obesity in Mexican American women, but not in men. The findings are

published in *Obesity*.

In the study of 7,826 Mexican American adults, more than half (53.6%) of participants had a body mass index (BMI) indicative of obesity, with a higher prevalence in women than in men.

Exposure to higher traffic-related air pollution was associated with lower BMI in men but higher BMI in women.

**More information:** Xueying Zhang et al, Population-Based Study of Traffic-Related Air Pollution and Obesity in Mexican Americans, *Obesity* (2019). [DOI: 10.1002/oby.22697](https://doi.org/10.1002/oby.22697)

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