

Study examines sex differences in potential link between psoriasis and metabolic disorders

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An analysis published in the *Journal of the European Academy of Dermatology and Venereology* revealed considerable sex differences when considering links between psoriasis and metabolic disorders.

In the study of 3,723 adults, 25.8% of the women had metabolic syndrome, and the prevalence was higher in women with psoriasis than without (36.8% versus 25.4%). Similarly, more women with psoriasis had diabetes (12%) than those without psoriasis (5%).

The prevalence of metabolic syndrome in men was 37.9%. Contrary to what was seen in women, men with psoriasis less often had [metabolic syndrome](#) than men without psoriasis (27% versus 38%). The prevalence of diabetes was slightly higher in men with psoriasis compared with men without psoriasis (12% versus 8%).

More information: W. Sondermann et al, Psoriasis, cardiovascular risk factors and metabolic disorders: sex-specific findings of a population-based study, *Journal of the European Academy of Dermatology and Venereology* (2019). [DOI: 10.1111/jdv.16029](https://doi.org/10.1111/jdv.16029)

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