

Variability in lumbar fusion surgery driven by patient factors

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(HealthDay)—Variations across hospitals and surgeons in patient-

reported outcomes following elective lumbar fusion surgery are mainly driven by differences in patient populations undergoing surgery, according to a study published online Dec. 4 in *Spine*.

Sara Khor, from the University of Washington in Seattle, and colleagues used statewide data from the Spine Care and Outcomes Assessment Program to estimate variation in patient-reported functional outcomes one year after elective lumbar fusion [surgery](#) across 58 [surgeons](#) in 17 hospitals from 2012 to 2017.

The researchers found that 58.7 percent of 737 patients achieved functional improvement and 42.5 percent reached minimal disability status at one year. There was little variation noted between hospitals and surgeons (maximum interclass correlation, 3.5 percent) after adjusting for patient factors. This [variation](#) further decreased after additional reliability adjustment. Current surgical volume could be cut by 63 percent by avoiding operation on patients with a

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