

Overweight and obesity linked to higher cancer risks in large Danish study

January 8 2020



Credit: CC0 Public Domain

Overweight and obesity were associated with higher risks of several common cancers in a 40-year, nationwide Danish study.

In the *Journal of Internal Medicine* study, there were 20,706 cancers among 313,321 adults diagnosed with overweight and [obesity](#) compared with 18,480 cancers that were expected based on information from the [general population](#). This corresponds to a 12% higher risk associated with overweight and obesity.

Having type 2 [diabetes](#) or alcoholism-related diseases in addition to overweight or obesity was linked with even higher risks.

The increased risk was seen for cancers previously identified as obesity-related, including pancreatic and postmenopausal breast cancers, as well as for blood and neurological cancers.

More information: S. B. Gribsholt et al, Hospital-diagnosed overweight and obesity related to cancer risk: a 40-year Danish cohort study, *Journal of Internal Medicine* (2020). [DOI: 10.1111/joim.13013](https://doi.org/10.1111/joim.13013)

Provided by Wiley

Citation: Overweight and obesity linked to higher cancer risks in large Danish study (2020, January 8) retrieved 26 April 2024 from <https://medicalxpress.com/news/2020-01-overweight-obesity-linked-higher-cancer.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.