

# Overweight and obesity linked to higher cancer risks in large Danish study

January 8 2020

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Overweight and obesity were associated with higher risks of several common cancers in a 40-year, nationwide Danish study.

In the *Journal of Internal Medicine* study, there were 20,706 cancers among 313,321 adults diagnosed with overweight and [obesity](#) compared with 18,480 cancers that were expected based on information from the [general population](#). This corresponds to a 12% higher risk associated with overweight and obesity.

Having type 2 [diabetes](#) or alcoholism-related diseases in addition to overweight or obesity was linked with even higher risks.

The increased risk was seen for cancers previously identified as obesity-related, including pancreatic and postmenopausal breast cancers, as well as for blood and neurological cancers.

**More information:** S. B. Gribsholt et al, Hospital-diagnosed overweight and obesity related to cancer risk: a 40-year Danish cohort study, *Journal of Internal Medicine* (2020). [DOI: 10.1111/joim.13013](https://doi.org/10.1111/joim.13013)

Provided by Wiley

Citation: Overweight and obesity linked to higher cancer risks in large Danish study (2020, January 8) retrieved 6 May 2024 from <https://medicalxpress.com/news/2020-01-overweight-obesity-linked-higher-cancer.html>

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