

Gold nanoparticles detect signals from cancer cells

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Gold nanoparticle technology can detect cancer extracellular vesicles in a blood sample. Credit: University of Queensland

A novel blood test that uses gold nanoparticles to detect cancer has also been shown to identify signals released by cancer cells which could result in earlier diagnosis and better treatment.

New research has revealed the nanotechnology developed by University of Queensland scientists can detect and monitor extracellular vesicles



(EVs) in the bloodstream.

Australian Institute for Bioengineering and Nanotechnology (AIBN) researcher Jing Wang said the discovery could lead to more effective, personalised cancer therapy by allowing oncologists to rapidly determine how treatment is progressing.

"EVs are an exciting next-generation of potential biomarkers in blood," she said.

"They are nanoparticles that are constantly emitted by health cells and cancer cells to enable cell-to-<u>cell communication</u>.

"They are like <u>tiny bubbles</u> that transport cargoes such as DNA, proteins and other molecules between cells, and this cargo reveals a lot about what's going on inside the cell.

"Cancer cells use the EV nanoparticles in order to manipulate the cells around them, as well as to suppress and manipulate the <u>immune system</u>."

In collaboration with oncologists Dr. Andreas Behren and Professor Jonathan Cebon at the Olivia Newton John Cancer Research Institute (ONJCRI), the technology has been tested on blood samples from melanoma patients and was able to detect the presence of cancer-derived EVs and could also track critical changes during and after treatment.

AIBN researcher Dr. Alain Wuethrich said cancer EVs have been difficult to distinguish from EVs emitted from healthy <u>cells</u>, which are more abundant in the bloodstream.

"The technology brings together two entirely new approaches within a clinical setting for potential treatment monitoring," Dr. Wuethrich said.





UQ researchers Dr Alain Wuethrich (left) and Ms Jing Wang (right). Credit: University of Queensland

"We used an electrically activated nano-fluidic chip that helps capture only cancer emitted EVs.

"We coupled this with a special type of gold nanoparticle attached to antibodies that stick to molecules found only on the surface of cancer EVs."

The gold nanoparticles emit a unique signal when hit with laser light and



this can be used to detect an EV fingerprint specific to the patient.

With the help of the collaborators at the ONJCRI, the technology was tested on blood samples from 23 melanoma patients.

The new device accurately detected cancer EVs in the blood samples, and successfully tracked how the cancer EV fingerprint changed in response to therapy for each patient.

"Our technology can reveal changes in the cancer EV fingerprint, so it could be used to quickly find out whether a therapy is working or if drug resistance is happening," Ms Wang said.

"This could guide <u>cancer therapy</u> in real-time."

The AIBN team lead by Professor Matt Trau has previously demonstrated that gold nanoparticles can be used to detect Circulating Tumour Cells (CTCs) and unique fragments of DNA released by <u>cancer</u> <u>cells</u>.

By showing that EVs can also be detected with the help of these <u>nanoparticles</u> adds a critical new weapon to the cancer-detection arsenal.

"This technology could complement and eventually replace more costly <u>cancer</u> imaging technologies, and could potentially become regularly used at point-of-care in a doctor's surgery," Ms Wang said.

The study is published in *Science Advances*.

More information: "Tracking extracellular vesicle phenotypic changes enables treatment monitoring in melanoma" *Science Advances* (2020). <u>advances.sciencemag.org/content/6/9/eaax3223</u>



Provided by University of Queensland

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