

Creating the ideal nasal tip contour

February 11 2020

Volume 22, Number 1

January/February 2020

ISSN: 2689-3614

Facial Plastic Surgery & Aesthetic Medicine

(formerly JAMA Facial Plastic Surgery)

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Official Journal of



AMERICAN ACADEMY OF FACIAL PLASTIC
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The dramatic shift in how nasal tip surgery is being performed given changes in the intended goals and evolving techniques is highlighted in a Special Communication by and interview with Dean Toriumi, MD, published in the Official Journal of the American Academy of Facial Plastic and Reconstructive Surgery, *Facial Plastic Surgery & Aesthetic Medicine*.

In the Special Communication titled "Nasal Tip Contouring: Anatomic Basis for Management," Dr. Toriumi addresses the complexity of nasal tip contouring and helps rhinoplasty surgeons navigate the many techniques available to them. He discusses the ideal nasal tip contour, options for stabilizing the base of the nose, techniques for reorienting existing tip structures, and shield tip grafting. He also recommends learning as much as possible from each case by following previous patients.

In an interview with Dr. Toriumi, led by journal Editor-in-Chief, Dr. John Rhee and titled "Evolution of a Rhinoplasty Master," Dr. Toriumi highlights a key theme over the past 30 years: the use of structural grafting to make the nose stronger and provide a better long-term aesthetic and functional outcome. Dr. Toriumi points out that structure rhinoplasty is neither preservation rhinoplasty nor is it destructive. Instead, the existing structures are supported by adding cartilage grafts. In describing the evolution in tip grafting, he says that shield tip graft can be very useful if used properly. Dr. Toriumi also discusses complex techniques at high execution risk that should be performed by more experienced surgeons. The [interview](#) also focuses on future trends in the field.

"Dr. Toriumi has been a generational thought leader in [rhinoplasty](#). This is yet another blockbuster article that takes us along on his personal decades-long journey and evolution in addressing the nasal tip," says *Facial Plastic Surgery & Aesthetic Medicine* Editor-in-Chief John S.

Rhee, MD, MPH, Medical College of Wisconsin, Milwaukee.

More information: Dean M. Toriumi, Nasal Tip Contouring: Anatomic Basis for Management, *Facial Plastic Surgery & Aesthetic Medicine* (2020). [DOI: 10.1089/fpsam.2019.29006.tor](https://doi.org/10.1089/fpsam.2019.29006.tor)

Provided by Mary Ann Liebert, Inc

Citation: Creating the ideal nasal tip contour (2020, February 11) retrieved 12 May 2024 from <https://medicalxpress.com/news/2020-02-ideal-nasal-contour.html>

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