

Video: Can you be addicted to being in love?

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Credit: CC0 Public Domain

Being in love. It can take the shape of a long-term intimate partnership, or become an obsessive source of emotional excitement and distraction. When does being in love become similar to addiction, and can you be addicted to it?

Dr Asheeta Prasad from UNSW School of Psychology explores the similarities of between being in [love](#) and addiction.

Provided by University of New South Wales

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