

'Time is everything': World braces for spread of new virus

February 25 2020, by Carla K. Johnson



In this Feb. 20, 2020, file photo, people wear masks as they commute during the morning rush hour in Chuo district in Tokyo. China's massive travel restrictions, house-to-house checks, huge isolation wards and lockdowns of entire cities bought the world valuable time to prepare for the global spread of the new virus. (AP Photo/Kiichiro Sato, File)

China's massive travel restrictions, house-to-house checks, huge isolation wards and lockdowns of entire cities bought the world valuable time to prepare for the global spread of the new virus.

But with troubling outbreaks now emerging in Italy, South Korea and Iran, and U.S. health officials warning Tuesday it's inevitable it will spread more widely in America, the question is: Did the world use that time wisely and is it ready for a potential pandemic?

"It's not so much a question of if this will happen anymore, but rather more a question of exactly when this will happen—and how many people in this country will have severe illness," said Dr. Nancy Messonnier of the U.S. Centers for Disease Control and Prevention.

Some countries are putting price caps on [face masks](#) to combat price gouging, while others are using loudspeakers on trucks to keep residents informed. In the United States and many other nations, [public health officials](#) are turning to guidelines written for [pandemic flu](#) and discussing the possibility of school closures, telecommuting and canceling events.

Countries could be doing even more: training hundreds of workers to trace the virus' spread from person to person and planning to commandeer entire hospital wards or even entire hospitals, said Dr. Bruce Aylward, the World Health Organization's envoy to China, briefing reporters Tuesday about lessons learned by the recently returned team of international scientists he led.



A health worker wears protective suit at the infectious disease clinic in Zagreb, Croatia, where the first coronavirus case in Croatia is hospitalized, Tuesday, Feb. 25, 2020. Croatia confirmed its first case of coronavirus in a man who had been to Milan, the capital of Lombardy, Italy. (AP Photo/Darko Bandic)

"Time is everything in this disease," Aylward said. "Days make a difference with a disease like this."

The U.S. National Institutes of Health's infectious disease chief, Dr. Anthony Fauci, said the world is "teetering very, very close" to a pandemic. He credits China's response for giving other nations some breathing room.

China locked down tens of millions of its citizens and other nations

imposed travel restrictions, reducing the number of people who needed health checks or quarantines outside the Asian country.

It "gave us time to really brush off our pandemic preparedness plans and get ready for the kinds of things we have to do," Fauci said. "And we've actually been quite successful because the travel-related cases, we've been able to identify, to isolate" and to track down those they came in contact with.



Pedestrians wear masks and gloves to help guard against the Coronavirus in downtown Tehran, Iran, Tuesday, Feb. 25, 2020. The head of Iran's counter-coronavirus task force has tested positive for the virus himself, authorities announced Tuesday, showing the challenges facing the Islamic Republic amid concerns the outbreak may be far wider than officially acknowledged. The announcement comes as countries across the Mideast say they've had confirmed

cases of the virus that link back to Iran, which for days denied having the virus.
(AP Photo/Ebrahim Noroozi)

With no vaccine or medicine available yet, preparations are focused on what's called "social distancing"—limiting opportunities for people to gather and spread the virus.

That played out in Italy this week. With cases climbing, authorities cut short the popular Venice Carnival and closed down Milan's La Scala opera house. In Japan, Prime Minister Shinzo Abe called on companies to allow employees to work from home, while the Tokyo Marathon and other public events scheduled in the coming weeks have been canceled.

Is the rest of the world ready?

In Africa, three-quarters of countries have a flu pandemic plan, but most are outdated, according to authors of a modeling study published last week in *The Lancet* medical journal. The slightly better news is that the African nations most connected to China by air travel—Egypt, Algeria and South Africa—also have the most prepared health systems on the continent.



Chonnam National University staff wearing protective attire are on standby for special transportation for Chinese students studying at their university, at Incheon International Airport in Incheon, South Korea, Tuesday, Feb. 25, 2020. Chinese students of the university are to arrive from China after their holiday. China and South Korea on Tuesday reported more cases of a new viral illness that has been concentrated in North Asia but is causing global worry as clusters grow in the Middle East and Europe. (AP Photo/Ahn Young-joon)

Elsewhere, Thailand said it would establish special clinics to examine people with flu-like symptoms to detect infections early. Sri Lanka and Laos imposed price ceilings for face masks, while India restricted the export of personal protective equipment.

India's health ministry has been framing step-by-step instructions to deal

with sustained transmissions that will be circulated to the 250,000 village councils that are the most basic unit of the country's sprawling administration.

Vietnam is using music videos on social media to reach the public. In Malaysia, loudspeakers on trucks blare information through the streets.

In Europe, portable pods set up at United Kingdom hospitals will be used to assess people suspected of infection while keeping them apart from others. France developed a quick test for the virus and has shared it with poorer nations. German authorities are stressing "sneezing etiquette" and Russia is screening people at airports, railway stations and those riding public transportation.



A woman wearing a face mask checks her phone in a subway in Milan, Italy, Tuesday, Feb. 25, 2020. Civil protection officials on Tuesday reported a large jump of cases in Italy, from 222 to 283. Seven people have died, all of them elderly people suffering other pathologies. (AP Photo/Antonio Calanni)

In the U.S., hospitals and emergency workers for years have practiced for a possible deadly, fast-spreading flu. Those drills helped the first hospitals to treat U.S. patients suffering from COVID-19, the disease caused by the virus.

Other hospitals are paying attention. The CDC has been talking to the American Hospital Association, which in turn communicates coronavirus news daily to its nearly 5,000 member hospitals. Hospitals are reviewing infection control measures, considering using telemedicine to keep potentially infectious patients from making unnecessary trips to the hospital and conserving dwindling supplies of masks and gloves.

What's more, the CDC has held 17 different calls reaching more than 11,000 companies and organizations, including stadiums, universities, faith leaders, retailers and large corporations. U.S. health authorities are talking to city, county and state health departments about being ready to cancel mass gathering events, close schools and take other steps.



Italian Army soldiers check transit to and from the cordoned areas near Turano Lodigiano, Northern Italy, Tuesday, Feb. 25, 2020. Civil protection officials on Tuesday reported a large jump of cases in Italy, from 222 to 283. Seven people have died, all of them elderly people suffering other pathologies. (Claudio Furlan/Lapresse via AP)

The CDC's Messonnier said Tuesday she had contacted her children's school district to ask about plans for using internet-based education should schools need to close temporarily, as some did in 2009 during an outbreak of H1N1 flu. She encouraged American parents to do the same, and to ask their employers whether they'll be able to work from home.

"We want to make sure the American public is prepared," Messonnier said.

How prepared are U.S. hospitals?

"It depends on caseload and location. I would suspect most hospitals are prepared to handle one to two cases, but if there is ongoing local transmission with many cases, most are likely not prepared just yet for a surge of patients and the 'worried well,'" Dr. Jennifer Lighter, a pediatric infectious diseases specialist at NYU Langone in New York, said in an email.



Women wearing face masks walks past the Duomo gothic cathedral in Milan, Italy, Tuesday, Feb. 25, 2020. Civil protection officials on Tuesday reported a large jump of cases in Italy, from 222 to 283. Seven people have died, all of them elderly people suffering other pathologies. (AP Photo/Antonio Calanni)

In the U.S., a vaccine candidate is inching closer to first-step safety

studies in people, as Moderna Inc. has delivered test doses to Fauci's NIH institute. Some other companies say they have candidates that could begin testing in a few months. Still, even if those first safety studies show no red flags, specialists believe it would take at least a year to have something ready for widespread use. That's longer than it took in 2009, during the H1N1 flu pandemic—because that time around, scientists only had to adjust regular flu vaccines, not start from scratch.

The head of the World Health Organization, Tedros Adhanom Ghebreyesus, said the U.N. health agency's team in China found the fatality rate between 2% and 4% in the hard-hit city of Wuhan, the virus' epicenter, and 0.7% elsewhere.

The world is "simply not ready," said the WHO's Aylward. "It can get ready very fast, but the big shift has to be in the mindset."



In this Monday, Feb. 24, 2020, Shiite pilgrims wear masks outside the shrine of Imam Ali in Najaf, Iraq. The Health Ministry said four new cases of coronavirus were diagnosed in the northern province of Kirkuk. It said the afflicted were members of an Iraqi family who had returned from a recent trip to Iran. Iraq announced the discovery of the first coronavirus case in the country on Monday in Najaf. Iraq had earlier closed its border with Iran to Iranian nationals but apparently Iraqis can still cross the boundary. (AP Photo/Anmar Khalil)



A pharmacist works in a drugstore in downtown Tehran, Iran, Tuesday, Feb. 25, 2020. The head of Iran's counter-coronavirus task force has tested positive for the virus himself, authorities announced Tuesday, showing the challenges facing the Islamic Republic amid concerns the outbreak may be far wider than officially acknowledged. The announcement comes as countries across the

Mideast say they've had confirmed cases of the virus that link back to Iran, which for days denied having the virus. (AP Photo/Ebrahim Noroozi)



Residents wear masks outside a mall in Beijing on Tuesday, Feb. 25, 2020. China and South Korea on Tuesday reported more cases of a new viral illness that has been concentrated in North Asia but is causing global worry as clusters grow in the Middle East and Europe. (AP Photo/Ng Han Guan)



South Koreans tourists return from Israel at Incheon International Airport in Incheon, South Korea, Tuesday, Feb. 25, 2020. South Korean tourists returned home from Israel on Tuesday after the Israeli government imposed entry ban on South Koreans over concerns about new coronavirus. (AP Photo/Ahn Young-joon)



Workers wearing protective gears spray disinfectant as a precaution against the new coronavirus at Seoul Railway Station in Seoul, South Korea, Tuesday, Feb. 25, 2020. China and South Korea on Tuesday reported more cases of a new viral illness that has been concentrated in North Asia but is causing global worry as clusters grow in the Middle East and Europe. (Jin Yeon-soo/Yonhap via AP)

Aylward advised other countries to do "really practical things" now to get ready.

Among them: Do you have hundreds of workers lined up and trained to trace the contacts of infected patients, or will you be training them after a cluster pops up?

Can you take over entire [hospital](#) wards, or even entire hospitals, to

isolate patients?

Are hospitals buying ventilators and checking oxygen supplies?

Countries must improve testing capacity—and instructions so health workers know which travelers should be tested as the number of affected countries rises, said Johns Hopkins University emergency response specialist Lauren Sauer. She pointed to how Canada diagnosed the first traveler from Iran arriving there with COVID-19, before many other countries even considered adding Iran to the at-risk list.

If the disease does spread globally, everyone is likely to feel it, said Nancy Foster, a vice president of the American Hospital Association. Even those who aren't ill may need to help friends and family in isolation or have their own health appointments delayed.

"There will be a lot of people affected even if they never become ill themselves," she said.

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Citation: 'Time is everything': World braces for spread of new virus (2020, February 25) retrieved 26 April 2024 from <https://medicalxpress.com/news/2020-02-world-braces-virus.html>

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