

Could chloroquine treat coronavirus? 5 questions answered about a problematic and unproven use for an antimalarial drug

March 26 2020, by Katherine Seley-Radtke



Donald J. Trump 
@realDonaldTrump



HYDROXYCHLOROQUINE & AZITHROMYCIN, taken together, have a real chance to be one of the biggest game changers in the history of medicine. The FDA has moved mountains - Thank You! Hopefully they will BOTH (H works better with A, International Journal of Antimicrobial Agents).....

10:13 AM · Mar 21, 2020 · [Twitter for iPhone](#)

Donald Trump's Twitter feed.

[An Arizona man died](#), and his wife was hospitalized, after taking a form of chloroquine, which [President Trump has touted as an effective treatment for COVID-19](#). The couple decided to self-medicate with chloroquine phosphate, which they had on hand to kill parasites in their fish, after hearing the [president describe the drug as a "game changer."](#)

Dr. Anthony Fauci, head of NIH's National Institute for Allergies and Infectious Diseases, quickly corrected the statement, explaining that [Trump's comments](#) were based on anecdotes and not a controlled clinical trial.

[I am a medicinal chemist](#) who specializes in discovery and development of antiviral drugs, and I have been actively working on coronaviruses for seven years.

However, because I am a scientist and I deal in facts and evidence-based medicine, I am concerned about the sweeping statements the president has been making regarding the use of [chloroquine](#) or the closely related hydroxychloroquine, both [antimalarial drugs](#), as cures for COVID-19. So let's examine the facts.

What are chloroquine and hydroxychloroquine?

These are both FDA-approved antimalarial drugs that have been in use for many years. Chloroquine was originally developed in 1934 at the pharmaceutical company Bayer and used in World War II to prevent malaria.

Although the FDA has not approved its use for these conditions, both [chloroquine and hydroxychloroquine are also used](#) to treat rheumatoid arthritis and lupus.

What triggered talk that this drug might work?

After the initial outbreak of MERS in 2012, scientists conducted random screens of thousands of approved drugs to identify one that might block MERS infection. [Several drugs, including chloroquine](#), showed the ability to [block coronaviruses](#) from infecting cells in vitro. But these

drugs were not extensively pursued because ultimately they did not show enough activity to be considered further.

When the new [coronavirus](#) appeared, many drugs that had shown some initial promise against the related coronaviruses MERS and SARS were at the top of the list as worthy of further evaluation as possible treatments.

So the science is real, and a number of [labs around the world are now investigating these drugs](#) and testing them in [clinical trials](#) in the U.S., [France and China](#). But so far, there is no consensus about whether the drugs are safe and effective for treating COVID-19, as it is still very early in the testing process.

Why would antimalarial drugs work on a virus?

It is still unclear how the chloroquines (or any antimalarial [drug](#)) would work against COVID-19, which is a virus. [Malaria is caused by Plasmodium parasites](#) that are spread by mosquitoes, whereas [COVID-19 is caused by the SARS-CoV-2 virus](#).

Viral infections and parasitic infections are very different, and so scientists wouldn't expect what works for one to work for the other. It has been suggested that the chloroquines can change the [acidity at the surface of the cell](#), thereby preventing the virus from infecting it.

It's also possible chloroquines help [activate the immune response](#). [One study that was just published](#) tested hydroxychloroquine in combination with an antibacterial drug (azithromycin), which worked better to stop the spread of the infection than hydroxychloroquine alone. However it's only one preliminary study that was done on a limited test group.

Do other drugs show promise?

To my knowledge, no other antimalarial drugs have shown any meaningful activity against treating coronaviruses. However, another potential drug has risen to the forefront. Remdesivir, developed by Gilead Pharmaceuticals, seems to be highly effective at preventing viruses—including [coronaviruses such as SARS and MERS](#), and [filoviruses such as Ebola](#)—from replicating.

In late February the [National Institute for Allergy and Infectious Diseases launched](#) a clinical trial for Remdesivir. And this month [Gilead launched two phase III trials](#) of the drug in medical centers in Asia.

Should I start taking them to ward off coronavirus?

Absolutely not. Chloroquine and hydroxychloroquine have not been appropriately evaluated in controlled studies, not to mention that they have numerous and, in some cases, very [deadly side effects](#).

No one should take a drug that has not been proven to be safe and effective for a disease or condition for which it is not approved. There are just so many issues that can arise, from side effects to serious toxicity and death due to possible interactions with other medications and other underlying health conditions.

So until these or any drugs have been shown to be effective against SARS-CoV-2 in clinical trials and have been approved by the FDA, no one should be self-medicating.

This article is republished from [The Conversation](#) under a Creative Commons license. Read the [original article](#).

Provided by The Conversation

Citation: Could chloroquine treat coronavirus? 5 questions answered about a problematic and unproven use for an antimalarial drug (2020, March 26) retrieved 25 April 2024 from <https://medicalxpress.com/news/2020-03-chloroquine-coronavirus-problematic-unproven-antimalarial.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.