

Cough, fever most common initial symptoms of COVID-19

March 4 2020



Patients with coronavirus disease 2019 (COVID-19) often have fever

and cough on presentation, according to research published online Feb. 28 in the *New England Journal of Medicine*.

Wei-jie Guan, Ph.D., from the First Affiliated Hospital of Guangzhou Medical University in China, and colleagues extracted data for 1,099 patients with laboratory-confirmed COVID-19 from 552 hospitals in China through Jan. 29, 2020.

The researchers found that the primary composite end point occurred in 6.1 percent of patients, including 5.0, 2.3, and 1.4 percent who were admitted to the [intensive care unit](#), underwent invasive mechanical ventilation, and died, respectively. Of the patients, only 1.9 percent had a history of direct contact with wildlife. Almost three-quarters (72.3 percent) of nonresidents of Wuhan had contact with residents of Wuhan, including 31.3 percent who had visited the city. Fever (43.8 percent on admission, 88.7 percent during hospitalization) and cough (67.8 percent) were the most [common symptoms](#), while diarrhea was uncommon (3.8 percent). There was a four-day median incubation period. Ground-glass opacity was the most common radiologic finding with chest computed tomography (CT) on admission (56.4 percent); 17.9 percent of patients with nonsevere disease and 2.9 percent with severe disease had no radiologic or CT abnormality. In 83.2 percent of the patients, lymphocytopenia was present on admission.

"Some [patients](#) with COVID-19 do not have fever or radiologic abnormalities on initial presentation, which has complicated the diagnosis," the authors write.

More information: [Abstract/Full Text](#)
[Editorial](#)

Copyright © 2020 [HealthDay](#). All rights reserved.

Citation: Cough, fever most common initial symptoms of COVID-19 (2020, March 4) retrieved 5 May 2024 from

<https://medicalxpress.com/news/2020-03-fever-common-symptoms-covid-.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.