

Immune marker analysis: Size of tumor tissue area crucial for survival prognosis

March 27 2020



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The method of choice used for preparing tissue samples can lead to biased results in the analysis of cancer patient survival. For microscopical analysis, full tissue samples provide a better picture of the



immune cell activity in the tumor compared to tissue-sparing punch biopsies. A team led by the visceral surgeon Elisabeth S. Gruber and the molecular pathologist Lukas Kenner from MedUni Vienna demonstrated these findings by immunohistochemical investigation of tumor tissue of rectal cancer patients. With the second method, the density of immune cells in the tumor can be underestimated, which might result in a biased survival prognosis. The study has been published in the top journal Cancers.

In order to perform a microscopic <u>analysis</u> of a tissue sample, a paraffin section must be prepared. For this, the tissue <u>sample</u> is preserved and subsequently dehydrated and embedded in paraffin blocks. Further on, thin tissue sections of the samples are produced and applied to glass slides. Regularly, a tissue section of the whole surgical specimen of each patient is applied to one slide, so that the full extent of the tumor section is available for analysis.

For quick and efficient microscopic analysis of tumors of multiple patients, small punches of paraffin tumor tissue are compiled to one slide. This so-called Tissue Microarray (TMA) is a tissue-sparing procedure that minimizes the costs of expensive immunohistochemical analyses. Both methods allow the staining of specific protein molecules in the tumor. Digital scanning of the tissue slides allows to quantify the stained protein molecules and assign them to specific tumor compartments by the use of a special software.

As part of this immunohistochemical study, Elisabeth S. Gruber from MedUni Vienna's Department of Surgery and Lukas Kenner from the Department for Experimental and Laboratory Animal Pathology at MedUni Vienna, examined the amount of T cells, as important players in tumor immune surveillance, in <u>tissue samples</u> of 75 patients operated on for rectal cancer. One cohort of patients received radiotherapy before the surgery, the other did not. The initial study hypothesis was that



radiotherapy modulates tumor immune cell infiltration. In rectal cancer, the density of T cells present in the tumor is crucial for the patient's survival. Here, analysis was done using a special software, developed in collaboration with the Viennese company TissueGnostics, that allows analysis of a virtually established TMAs.

By comparing the two methods, the study authors Gruber and Kenner proved that the distribution of T <u>cells</u> in the tumor tissue is heterogeneous and thus might be underestimated using small tumor samples. The conclusion of the study is, that the assessment of tumoral immune cell density for the prognosis of rectal <u>cancer</u> survival is best and most reliably performed on the basis of a certain minimum area of tumor <u>tissue</u>. Lukas Kenner also works at Vetmeduni Vienna and the Christian Doppler Laboratory for Applied Metabolomics (CDL-AM) as well as for CBmed Vienna and the inter-university platform for Comparative Laboratory Animal Pathology.

More information: Elisabeth S. Gruber et al. The Determination of Immunomodulation and Its Impact on Survival of Rectal Cancer Patients Depends on the Area Comprising a Tissue Microarray, *Cancers* (2020). DOI: 10.3390/cancers12030563

Provided by Medical University of Vienna

Citation: Immune marker analysis: Size of tumor tissue area crucial for survival prognosis (2020, March 27) retrieved 12 May 2024 from https://medicalxpress.com/news/2020-03-immune-marker-analysis-size-tumor.html

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